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WINTER/SPRING 2020

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By Dr. Ardeshir Hashmi MD, FACP

Cleveland Clinic Center for Geriatric Medicine

**FEATURED ARTICLE
PAGE 85**

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and corrections.

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About The Senior Comfort Guide

The Senior Comfort Guide, LLC was created in early 2010 with the vision of giving seniors and their loved ones a look at **ALL** their options. We began as an online directory of Northeast Ohio senior-service providers at

www.SeniorComfortGuide.com

and we expanded (in March of 2012) to include an in-print version, **Senior Comfort Guide**, which you now hold in your hands. We added a guide to serve the Akron/Canton/Youngstown/Warren area (blue cover) in January 2015.

Senior Comfort Guide is the **only online and in-print guide** focused on Northeast Ohio senior service providers.

Our directory is being used by seniors and their loved ones. It's also utilized by hospital staff, senior centers, physicians and other senior healthcare providers throughout **Cuyahoga, Geauga, Lake, Lorain, Medina, Portage, Summit** and **Ashtabula** counties.

The choice of quality care, whether it's a facility or service provider, is a crucial one. There is so much to consider that it's hard to know where and how to start. Senior Comfort Guide's FREE online directory and in-print directory are intended to make your search easier.

After you've examined our in-print booklet, we urge you to visit us online. At **[www.SeniorComfort Guide.com](http://www.SeniorComfortGuide.com)** you'll find detailed facility and service descriptions, photos, videos, and more.

When you contact or visit any of the providers/facilities you've found through our Guide, please let them know that you learned of them through Senior Comfort Guide.



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Overview of Senior Living Options

Today's seniors make their homes in a variety of settings that reflect their needs and personal preferences . . . from the family house, to retirement communities, assisted living facilities, and nursing homes.

Some seniors will live in more than one of these settings as time progresses.

The following text briefly describes these settings, beginning with the one that provides the highest level of care—the nursing home.

Nursing Home / Skilled Nursing

Many people assume correctly that nursing homes are intended for seniors who need long-term, 24-hour nursing care. However, some of these facilities (also known as **skilled nursing** providers) offer long-term care and rehabilitation to not just seniors, but anyone who requires these services while recovering from a serious health problem. You may, for instance, know someone who resided in a nursing home for a few weeks, a month, or more while undergoing rehabilitation for a stroke, joint-replacement surgery, etc. These stays were not “custodial” in nature, but “rehabilitative” and immediately followed a hospital stay.

Nursing Home Regulation

Nursing homes must be licensed by the state in which they are located. At the federal level, they must also be certified by Medicare and Medicaid.

Paying for the Services of a Nursing Home

When a senior, or a loved one acting in their behalf, chooses a nursing home as a long-term living option, private payment is generally required. Long-term care insurance, if the senior has it, may defray some costs. Medicare may cover specific services, such as physical therapy for a specified period of time, but Medicare will not cover most of the costs. The 24-hour nursing and custodial care within a nursing home is expensive and can quickly amount to an individual's life savings. A senior, or the person acting in their behalf, should investigate Medicaid if the senior's private funds are unlikely to meet his/her needs.

Seniors choosing a nursing home or skilled nursing facility for a rehabilitation stay (i.e., to recover from a stroke, joint-replacement surgery, etc.) can generally rely on Medicare for assistance as long as their stay meets Medicare's “skilled criteria.” In these instances, Medicare generally covers the first 20 days at 100 percent as well as a high percentage of the cost for up to 80 more days. Frequently, the senior's Medicare supplement/private insurance will cover the rest.

Assisted Living Facilities

When a senior does not require 24-hour nursing care, but does need assistance with activities of daily living (bathing, dressing, etc.), an assisted living facility may be an option. The size, layout, and services of these facilities vary. For example, one may look like a large family home while another may resemble apartments or condominiums. The senior's personal living space varies from efficiency, to single bedroom, to multi-bedroom. Frequently one or more meals are pro-

vided in a communal setting; and in Ohio, medication administration may be offered.

Seniors who live in these communities generally choose them because they like the social setting and are able to live as independently as possible while still receiving the assistance they need.

Assisted Living Regulation

In Ohio, assisted living facilities are regulated by the Ohio Department of Health.

Paying for Assisted Living

The costs of assisted living are generally paid out of private funds. Long-term care insurance, if the senior has it, may be of assistance depending upon the services outlined within the policy.

Some assistance may be available to U.S. war veterans and/or their spouses. For guidelines, contact the Ohio Department of Veterans Services (visit www.veteransaffairs.ohio.gov).

In Ohio, Medicaid does **not** cover *room and board* within an assisted living setting.

Memory Care Communities

Many nursing homes and assisted living communities include memory care units that offer some services for residents with Alzheimer's or dementia. There are also facilities wholly devoted to memory care. These specialty communities offer a thorough and structured schedule of activities designed for those diagnosed with Alzheimer's and/or dementia. Regulation and costs vary by facility, but most memory care communities come under the "assisted living" banner.

For listings of memory care communities and facilities with designated memory care units, please turn to page 88.

Independent Living

Independent communities for seniors vary in their look and services. As with assisted living, some communities may resemble apartments or condominiums, others may look more like cluster homes. Generally, these communities have floorplans that are senior-friendly—like the absence of stairs, wide doorways, and/or step-free showers. Services and social amenities might include transportation to local shopping, yard maintenance (such as with the cluster home), clubhouse/community room for family gatherings, community potlucks/parties/trips.

Independent living may be called by other names—retirement communities, senior housing, etc. These communities are not regulated like assisted living facilities or nursing homes.

Expect to pay for these living arrangements with private funds.

Keeping a Pet

For some seniors, keeping a pet is an important consideration when making an independent living or group home choice. If this option is important, ask if residents may keep a household pet. If that answer is "yes," be sure to also learn:

- What kinds of pets are allowed?
- How many pets per resident are permitted?
- Is there a size restriction on the pet?
- Is a deposit required, and are there any monthly fees imposed?

- Are pet care services provided by facility staff or must I find that on my own?
- What veterinary care services are required for pets?
- What other pet restrictions are imposed?

More information on this subject may be found at www.OneHealth.org, or call (216) 920-3051.

Home Health Care

Home health care may be both medical and non-medical in nature. It is intended to provide the assistance a senior needs while still allowing them to remain in their family home. Examples of medical services provided might include wound care or physical therapy. Non-medical assistance includes such things as laundry, shopping, cooking, and cleaning.

Home health companies are not required to be licensed by the State of Ohio. If they are certified to participate in Medicare, they must offer specific services which include skilled nursing.

Medicare and Medicaid have specific guidelines governing covered services. To learn more about these, visit www.medicare.gov or <http://jfs.ohio.gov/ohp/> (Ohio Medicaid). Seniors who have long-term care insurance should investigate the home health services covered by their policy.

Adult Day Care

If your loved one needs supervision or would benefit from a social setting *and* you would like them to live with you but need to work each day, you may find Adult Day Care beneficial. Caregivers use Adult Day Care to watch over their loved one while

they gain a respite from their usual role or, more often, so they can work at a daily job outside of their home.

Some of these centers may offer services during evenings and on weekends, but they all offer services during the traditional business day.

Adult Day Care facilities may or may not be associated with other healthcare providers (like hospitals, assisted living facilities, home health care agencies). Services may range from social only to social and medical. Some specialize in dealing with memory loss.

Adult Day Care providers must be certified in Ohio. You can learn more about what these centers typically provide and recommended standards by visiting The National Adult Day Services Association (NADSA) website, www.nadsa.org.

Generally, you should not anticipate Medicare coverage for most Adult Day Care services. Contact Medicare for further guidelines or Medicaid (if your loved one qualifies). Long-term care insurance policies vary in covered services, so check your loved one's policy (if they have one) to see if any coverage applies.

Hospice

Hospice refers to a wide range of medical and support services provided within an individual's home, hospital, nursing home, or hospice facility. The intent is to provide care and comfort (not a cure) for terminally ill patients (life expectancy of six months or less). Hospice also provides counseling for patients and their families.

Hospice providers are licensed by the Ohio Department of Health.

As with home health care, guidelines and covered services vary with Medicare and Medicaid. Long-term care insurance, if applicable, may cover some services.

Respite Care

Respite care may be defined as a brief stay in a nursing home or hospice facility for a patient requiring round-the-clock care. The brief stay is intended to provide a rest or “respite” for the patient’s usual caregiver (frequently a spouse or other family member). Not all nursing homes or hospice facilities provide this service, so caregivers need to investigate which do.

You can, again, turn to the Medicare and Medicaid web sites for details on what services are covered.

Choosing a Physical Therapy Facility

Physical therapy is a non-invasive treatment approach for neuromuscular and musculoskeletal conditions. Physical therapy intervention combines exercise, modalities, manual therapy and education.

According to the United States Patient’s Bill of Rights, you have the right to choose health care providers who can give you high-quality health care when you need it. You have no obligation to receive physical therapy at any specific facility.

When choosing a physical therapy clinic, three things you should look for include:

- Expertise – Look for a therapist that has extensive experience rehabilitating a condition like yours
- Reputation – Look for a facility that has a great reputation in the community

- Attentive therapist – Look for a therapist that takes the time to listen to you and address your specific needs

More on Medicare and Medicaid

We’ve mentioned Medicare and Medicaid often as seniors rely on them to defray many of the costs associated with the living settings and services described here. We offer a brief overview in the following paragraphs, but urge you to visit their web sites for additional information.

Ohio Waiver Factsheet

OH Home Care

The Ohio Home Care Waiver Program is a long-term care program that meets the needs of financially eligible children and adults who have significant disabilities and/or mental health needs. Without the services available through this waiver, these individuals are at risk of hospital or nursing home placement. The Ohio Home Care Waiver supports the consumer’s independence in their own home by giving them control and choice over the in-home care they receive. The program includes, **personal care aide, home care attendant, home delivered meals, home mods, out-of-home respite, personal emergency response services, supplemental adaptive and assistive device services, supplemental transportation, waiver nursing services for individuals with physical disabilities ages 0-59.**

In order to apply for the Ohio Home Care Waiver, contact your county’s Department of Job and Family Services (JFS).

OH Passport

The OH Passport program provides **adult day service, homemaker, personal care, alternative meals service, choices—home care attendant service, chore, community transition service enhanced community living service, home care attendant, home delivered meals, home medical equipment and supplies, independent living assistance, minor home modification, maintenance and repair, non-emergency medical transportation, non-medical transportation, nutritional consultation, out-of-home respite, personal emergency response system, pest control, social work counseling, waiver nursing service for aged individuals ages 65 yrs—no max age and physically disabled ages 60-64.**

This program is under the administration of the Ohio Department of Aging and is managed locally by the Area Agencies on Aging.

OH Assisted Living Waiver Program

The OH Assisted Living Waiver Program provides **assisted living services and community transition services for physically disabled individuals ages 21-64 and aged 65—no max age.**

Ohio's Assisted Living Waiver Program pays the costs of care in an assisted living facility for certain people with Medicaid, allowing the consumer to use his or her resources to cover "room and board" expenses. Individuals who meet certain service and care needs and meet established financial criteria may be eligible for Ohio's Assisted Living Waiver Program. To apply for the Waiver, individuals should contact their local Ohio Area Agency on Aging or call 1-866-243-5678.

Medicare

Medicare serves as health insurance for:

- Persons who are 65 or older
- Individuals under 65 with specific disabilities
- People at any age with End-Stage Renal Disease (permanent kidney failure that requires dialysis or a kidney transplant)

Medicare's Structure

Medicare Part A is applied toward the cost of hospital stays.

Medicare Part B is intended to defray the costs of outpatient services/test, visits to the doctor, etc.

Medicare Advantage (may be referred to as "C") can best be understood as an HMO or PPO that takes the place of Parts A and B. Seniors who choose this option must purchase it through a private insurer approved by Medicare.

Medicare Part D is the prescription drug component which recipients must purchase.

While Medicare covers a wide variety of senior medical needs, it is governed by many guidelines. You can learn more about and better understand Medicare by visiting www.medicare.gov or calling **1-800-MEDICARE** (1-800-633-4227). TTY users should call 1-877-486-2048.

When does Medicare pay for a Nursing Home stay?

Who's eligible?

People with Medicare are covered if they meet **ALL** of these conditions:

- You have Part A and have days left in your **benefit period**. The benefit period begins on the day you were admitted into a hospital or a SNF as an inpatient stay. The period ends if there was 60 days in a row without inpatient hospital care.
- You have a **qualifying hospital stay**. You need to have a 3 day inpatient hospital stay (an outpatient hospital stay that includes observation does **NOT** count towards your 3 day stay). You must enter a Nursing Home and need skilled care within 30 days of your discharge from the hospital to qualify for the Medicare benefit.
- Your doctor has decided that you need daily skilled care given by or under the direct supervision of skilled nursing or therapy staff. If you're in the SNF for skilled rehabilitation services only, your care is considered daily care even if these therapy services are offered just 5 or 6 days a week, as long as you need and get the therapy services each day they're offered.
- You get these skilled services in a SNF that's certified by Medicare.
- You need these skilled services for a medical condition that was either:
 - A hospital-related medical condition. Any condition that was treated during your 3 day inpatient stay.
 - A condition that started while you were getting care in the skilled nursing facility for a hospital-related medical condition.

Your doctor may order observation services to help decide whether you need to be admitted to the hospital as an inpatient or can be discharged. During the time you're getting observation services in the hospital, you're considered an outpatient—

you can't count this time towards the 3-day inpatient hospital stay needed for Medicare to cover your SNF stay.

Remember, any days you spend in a hospital as an outpatient (before you're formally admitted as an inpatient based on the doctor's order) aren't counted as inpatient days. An inpatient stay begins on the day you're formally admitted to a hospital with a doctor's order. That's your first inpatient day. The day of discharge does **NOT** count as an inpatient day.

Special Note 1

If you refuse your daily skilled care or therapy, you may lose your Medicare SNF coverage. If your condition won't allow you to get skilled care (for example, if you have the flu), you may be able to continue to get Medicare coverage temporarily.

For out-of-pocket costs (and copays), please check with your Medicare provider.

Special Note 2

If you stop getting skilled care in the SNF, or leave the SNF altogether, your SNF coverage may be affected depending on how long your break in SNF care lasts.

- If your break in skilled care lasts **more than 30 days**, you need a new 3-day hospital stay to qualify for additional SNF care. The new hospital stay doesn't need to be for the same condition that you were treated for during your previous stay.
- If your break in skilled care lasts for **at least 60 days in a row**, this ends your current benefit period and renews your SNF benefits. This means that the maximum coverage available would be up to 100 days of SNF benefits.

Special Note 3

Your doctor or other health care provider may recommend you get services more often than Medicare covers. Or, they may recommend services that Medicare doesn't cover. If this happens, you may have to pay some or all of the costs. It's important to ask questions so you understand why your doctor is recommending certain services and whether Medicare will pay for them.

Medicaid

It is perhaps easiest to understand Medicaid as health coverage for persons with limited financial resources. The rules which govern who is eligible—which may consider age, physical disabilities, and other characteristics—vary by state (as Medicaid is provided jointly through state and federal funds).

Likewise, the services which Medicaid covers also vary by state.

To learn more about Medicaid in Ohio, visit the Medicaid section of the Ohio Department of Job & Family Services web site at <http://jfs.ohio.gov/ohp/>.

Connecting Medicare + Medicaid In Most N.E. Ohio Counties

MyCare Ohio is a new managed care program designed for Ohioans who receive BOTH Medicaid and Medicare benefits.

The MyCare Ohio plan that you choose will provide all of the same benefits that Medicare and Medicaid offer, including long-term care services and behavioral health. Plus, your MyCare Ohio plans may include additional services to their members.

There is no additional cost to participate in this program.

You must enroll in a MyCare Ohio plan if you:

- Are 18 or older; and
- Live in one of 29 MyCare Ohio counties
- Receive both Medicaid and Medicare

Choose your plan and enroll in one that is available in your county.

Cuyahoga • Geauga • Lake • Lorain • Medina

Plan Name/Website	Phone
Buckeye Health Plan www.bchpohio.com	(866) 549-8289
CareSource www.CareSource.com/MyCare	(855) 475-3163
United Healthcare Community Plan of Ohio www.UHCCommunityPlan.com/mycareohio	(877) 542-9236

Portage • Summit

Plan Name/Website	Phone
CareSource www.CareSource.com/MyCare	(855) 475-3163
United Healthcare Community Plan of Ohio www.UHCCommunityPlan.com/mycareohio	(877) 542-9236

If you have additional questions about MyCare Ohio, you can call customer service representatives at **1 (800) 324-8680**.

Finding Senior Services

Most communities have programs targeted specifically to benefit senior citizens. Those programs or services might include:

- Senior Centers (many offer health screenings, educational programs, social activities and more)
- Adult Day Care
- Assistance with Financial and/or Legal Questions
- Help with Meals (like Meals-on-Wheels)
- Senior Transportation (for shopping/medical appointments, etc.)
- Visitation Programs (to check the well-being of and offer companionship to older neighbors)

Your local **Office on Aging** is a good place to learn more about what's available in your community. You can find the phone number for an Office on Aging near you on page 28 of this Guide.

Choosing a Nursing Home

Much of the information that follows is specific for choosing a nursing home, but some of the guidelines could be of use when examining assisted living facilities as well.

Your search begins, of course, by looking for the names, addresses, and phone numbers of nursing homes near you. Our Guide provides an alphabetical listing of Assisted and Independent Living Communities beginning on page 95 and a list of Nursing Homes on page 115.

You should also know that Medicare has an online source, called **Nursing Home Compare**, that

helps you locate and compare nursing homes. This useful tool can be accessed at **www.medicare.gov/NHCompare**. If you don't have a friend or family member who can help you look online, you can try your local library. You can also call Medicare at 1-800-MEDICARE (1-800-633-4227) and request printed copies of their guide for choosing and comparing nursing homes. TTY users should call 1-877-486-2048.

At Medicare's Nursing Home Compare, you can see details on **health inspections, staffing levels**, and a variety of other important indicators of a nursing home's quality. Examining this data, as well as visiting the facilities you're considering, are vital steps to making the choice that's right for you or your loved one.

Medicare's online site and printed guide also provide you with many of the questions you should ask all nursing homes under consideration. These questions cover such areas as:

General and Social Concerns

You or your loved one will want to know what social, recreational, religious, and other activities are available and if residents may choose or decline participation as they wish. Do residents have a private place to see family when they visit. May residents keep a pet or may their pet visit? What choices do residents have in what they eat and when they eat? What personal space is made available to them and may they decorate it as they choose? Is their primary language spoken by staff? If not, are there procedures in place that will allow them to communicate with staff? May residents follow their preferred religious practices, for ex-

ample, when they require a special diet? Are there rules which residents are expected to observe and are they provided in writing?

Health Care Concerns

Perspective residents should find out how the nursing home prepares their Plan of Care. Which professionals are involved and is the resident included in the planning process? Can the resident choose which family member participates as well? Can the resident keep their own physician even if that doctor does not visit the nursing home? Can transportation be arranged for office visits? Who will the resident interact with on a daily basis (nurses, other staff) and will these individuals change frequently or remain relatively the same?

You should also know what types of therapy are available on-site. Does a social worker visit? Are a resident's medical concerns relayed to their doctor in a timely manner and by whom?

What preventive health measures are in place? Are flu vaccines and other immunizations offered? Do various specialists visit regularly like a podiatrist, dentist, etc.?

In cases of emergency, does the nursing home have a good working relationship with a nearby hospital?

Security

If you're making arrangements for a loved one who is sometimes confused or may wander, does the facility have safeguards that will protect your loved one? Are personal belongings safe within a resident's room? Are the facility doors always locked? only at night? never?

Visit Before You Choose

After you've made sure your possible nursing home choices are licensed by Ohio and certified by Medicare and/or Medicaid; and, after you've compared staffing levels, health inspection results, and other quality indicators on Medicare's Nursing Home Compare, you're ready to visit your perspective facilities.

The following *Checklist* comes from The Center's for Medicare & Medicaid's brochure, **Your Guide to Choosing a Nursing Home**. It's helpful to download or request the printed brochure through Medicare because in addition to the questions, it also provides you with space to write what you learn about the facilities you visit. While you might not feel the need to ask each of these questions, you'll probably find quite a few important ones that you would have overlooked had you not seen the list.

The Checklist

- Does the nursing home have the level of care I need?
- Does the nursing home have a bed available?
- Does the nursing home offer specialized services, such as a special unit for care for a resident with dementia, ventilator care, or rehabilitation services?
- Is the nursing home located close enough for friends and family to visit?
- Are the residents clean, well groomed, and appropriately dressed for the season or time of day?
- Is the nursing home free from overwhelming unpleasant odors?

Choosing a Facility

- Does the nursing home appear clean and well kept?
- Is the temperature in the nursing home comfortable for residents?
- Does the nursing home have good lighting?
- Are the noise levels in the dining room and other common areas comfortable?
- Is smoking allowed? If so, is it restricted to certain areas of the nursing home?
- Are the furnishings sturdy, yet comfortable and attractive?
- Does the relationship between the staff and residents appear to be warm, polite, and respectful?
- Does the staff wear name tags?
- Does the staff knock on the door before entering a resident's room? Do they refer to residents by name?
- Does the nursing home offer a training and continuing education program for all staff?
- Does the nursing home check to make sure they don't hire staff members who have been found guilty of abuse, neglect or mistreatment of residents; or have a finding of abuse, neglect, or mistreatment of residents in the state nurse aid registry?
- Is there a licensed nursing staff 24 hours a day, including a Registered Nurse (RN) present at least 8 hours per day, 7 days a week?
- Will a team of nurses and Certified Nursing Assistants (CNAs) work with me to meet my needs?
- Do CNAs help plan the care of residents?

Choosing a Facility

- Is there a person on staff that will be assigned to meet my social service needs?
- If I have a medical need, will the staff contact my doctor for me?
- Has there been a turnover in administration staff, such as the administrator or director of nurses, in the past year?
- Can residents have personal belongings and furniture in their rooms?
- Does each resident have storage space (closet and drawers) in his or her room?
- Does each resident have a window in his or her bedroom?
- Do residents have access to a personal phone and television?
- Do residents have a choice of roommates?
- Are there policies and procedures to protect residents' possessions, including lockable cabinets and closets?
- Are exits clearly marked?
- Are there quiet areas where residents can visit with friends and family?
- Does the nursing home have smoke detectors and sprinklers?
- Are all common areas, resident rooms, and doorways designed for wheelchair use?
- Are handrails and grab bars appropriately placed in the hallways and bathrooms?
- Do residents have a choice of food items at each meal? (Ask if your favorite foods are served.)

- Can the nursing home provide for special dietary needs (like low-salt or no-sugar-added diets)?
- Are nutritious snacks available upon request?
- Does the staff help residents eat and drink at mealtimes if help is needed?
- Can residents, including those who are unable to leave their rooms, choose to take part in a variety of activities?
- Do residents have a role in planning or choosing activities that are available?
- Does the nursing home have outdoor areas for resident use? Is the staff available to help residents go outside?
- Does the nursing home have an active volunteer program?
- Does the nursing home have an emergency evacuation plan and hold regular fire drills (bed-bound residents included)?
- Do residents get preventive care, like a yearly flu shot, to help keep them healthy? Does the facility assist in arranging hearing screenings or vision tests?
- Can residents still see their personal doctors? Does the facility help in arranging transportation for this purpose?
- Does the nursing home have an arrangement with a nearby hospital for emergencies?
- Are care plan meetings held with residents and family members at times that are convenient and flexible whenever possible?
- Has the nursing home corrected all deficiencies (failure to meet one or more state or Federal requirements) on its last state inspection report?



Senior Resource Contact Numbers

AARP	(866) 687-2277
Alzheimer's Association of Cleveland Info: Alzheimer's care, support and research	(800) 272-3900
American Cancer Society	(216) 241-1177
Benjamin Rose Institute services for the elderly	(216) 791-8000
Cuyahoga County Department of Human Services (Medicaid)	(216) 987-7075
Eldercare Located health, homemaker, transportarion	(800) 677-1116
Long-term Care Ombudsman Assessment and guidance re: placement needs.	(216) 696-2719
Medicaid Information and Applications.	(800) 324-8680
Cuyahoga	(216) 987-7075
Geauga	(440) 285-9141
Lake	(440) 350-4483
Lorain	(440) 244-4150
Medicare Information and Applications.	(800) 633-4227
Northeast Ohio Care Planning Council Senior Education and Advisory	330-324-3237
Ohio Consumer Hotline for questions re: Medicaid program and application process	(800) 324-8680
Ohio Department of Aging Elder Abuse and Adult Protective Services	(614) 466-5500
Ohio Home Care Program waiver in home care and consumer inheritance	(216) 532-2000

Senior Resource Contact Numbers

PASSPORT

in-home personal and homemaker care (800) 626-7277

Section 8 subsidized housing (216) 431-1471

Senior Comfort Guide

Support and direction for ALL senior options in N.E Ohio
. (216) 292-8485

Services for Independent Living

Services and advocacy for persons with disabilities . (216) 731-1529

Social Security (800) 772-1213

Department on Aging By City

Amherst Department of Aging (440) 988-2819

Bay Village office on Aging (440) 899-3409

Beachwood Senior Adult Division (216) 292-1970

Brooklyn Senior Programs (216) 635-4222

Brookpark Office on Aging (216) 433-4136

Cleveland Department of Aging (216) 664-2833

Cleveland Heights Department of Aging (216) 291-2737

Euclid Senior Programs (216) 289-2985

Fairview Park Senior Life Program (440) 356-4439

Garfield Heights Senior Programs (216) 475-3224

Highland Heights Senior Citizen Programs (216) 591-3004

Maple Height Department of Aging (216) 587-5472

Maple Heights Senior Programs (216) 587-0015

North Olmsted Senior Citizen Multi Service (440) 777-8100

North Royalton Office on Aging (440) 582-6333

Parma Center on Aging (440) 885-8800

Shaker Heights Adult and Senior Services (216) 491-1350

Solon Senior Programs (440) 349-6363

South Euclid Senior Service programs (216) 291-3902

Strongsville Senior programs (440) 580-3275

University Heights Senior Programs (216) 491-1350

Western Reserve Area Agency on Aging (216) 621-0303

Westlake Senior programs (440) 899-3354

Senior Resource Contact Numbers

Department on Aging and Human Services By County

Ashtabula County Department of Aging (440) 998-6750

Cuyahoga County Department of Senior & Adult Services
. (216) 420-6750

Geauga County Department on Aging (440) 279-2130

Lake County Council on Aging (440) 205-8111

Lake County Department of Human Services (440) 350-4483

Lorain County Department of Human Services (440) 244-4150

Lorain County Office on Aging (440) 326-4800

Portage County Department of Aging (330) 896-9172

Summit County, Direction Home Akron Canton. . . (330) 896-9172

1550 Corporate Woods Parkway, Uniontown, OH 44685

www.services4aging.org

First Call for Help By County

Ashtabula (440) 997-5957 (you can also dial 211)

Cuyahoga (216) 436-2000 (you can also dial 211)

Geauga (440) 285-3194 (you can also dial 211)

Lake (440) 953-5465 (you can also dial 211)

Lorain (440) 282-1000 (you can also dial 211)

Medina (888) 330-4211 (you can also dial 211)

Portage (330) 297-4636 (you can also dial 211)

Summit (330) 376-6660 (you can also dial 211)



Hospitals By County

Ashtabula County — Hospitals

University Hospitals Conneaut Medical Center

158 West Main Road, Conneaut (440) 593-1131

University Hospitals Geneva Medical Center

870 West Main Street, Geneva (440) 466-1141

Cuyahoga County — Hospitals

Cleveland Clinic hospitals – 7 locations in Cuyahoga County

See Lorain County for 8th location (Avon Hospital)

www.ClevelandClinic.org

Main Campus

9500 Euclid Avenue, Cleveland..... (216) 444-2200

Euclid Hospital

18901 Lake Shore Boulevard, Euclid..... (216) 531-9000

Fairview Hospital

18101 Lorain Avenue, Cleveland..... (216) 476-7000

Hillcrest Hospital

6780 Mayfield Road, Mayfield Heights (440) 312-4500

Lutheran Hospital

1730 West 25th Street, Cleveland..... (216) 696-4300

Marymount Hospital

12300 McCracken Road, Garfield Heights..... (216) 581-0500

South Pointe Hospital

20000 Harvard Road, Warrensville Heights..... (216) 491-6000

Lake Health Beachwood Medical Center – Acute Care

25501 Chagrin Blvd, Beachwood, OH 44122. (216) 545-4800

The Metro Health System

2500 MetroHealth Drive, Cleveland, OH 44109 . . (216) 778-7800

www.metrohealth.org

St. John Medical Center

29000 Center Ridge Road, Westlake. (440) 835-8000

St. Vincent Charity Medical Center

2351 East 22nd Street, Cleveland. (216) 861-6200

Southwest General Hospital (partnering with University Hospitals)

18697 Bagley Road, Middleburg Heights. (440) 816-8000

University Hospitals Case Medical Center (main campus)

11100 Euclid Avenue, Cleveland (216) 844-1000

www.UHhospitals.org/LifelongHealth

For more locations, see UHhospitals.org/Choices

see display ad, color section, C3

University Hospitals Ahuja Medical Center

3999 Richmond Road, Beachwood (216) 593-5500

University Hospitals Bedford Medical Center

44 Blaine Avenue, Bedford (440) 735-3900

University Hospitals Parma Medical Center

7007 Powers Blvd, Parma (440) 743-3000

University Hospitals Richmond Medical Center

27100 Chardon Road, Richmond Heights (440) 585-6501

University Hospitals St. John Medical Center

29000 Center Ridge Road, Westlake. (440) 835-8000

Veteran’s Hospital

10701 East Boulevard, Cleveland (216) 791-3800

Geauga County — Hospitals

University Hospitals Geauga Medical Center

13207 Ravenna Road, Chardon (440) 285-6000

www.UHGeauga.org

see display ad, color section, C3

Lake County — Hospitals

Lake Health West Medical Center

36000 Euclid Avenue, Willoughby (440) 953-9600

The Center for Geriatric Psychiatry at West Medical Center

36000 Euclid Avenue, Willoughby (440) 918-6366

Lake Health TriPoint Medical Center

7590 Auburn Road, Concord (440) 375-8100

Windsor Laurelwood Center—Behavioral Medicine

35900 Euclid Avenue, Willoughby (440) 953-3000

Lorain County — Hospitals

Amherst Hospital

254 Cleveland Avenue, Amherst (440) 988-6000

Clear Vista “Health & Wellness” A Behavioral Health Hospital

3364 Kolbe Rd., Lorain (440) 960-7963

Senior Resource Contact Numbers

Cleveland Clinic — Avon Hospital
33300 Cleveland Clinic Blvd, Avon (440) 695-5000

Mercy Regional Medical Center
3700 Kolbe Road, Lorain (440) 960-4000

Mercy Allen Hospital
200 West Lorain Street, Oberlin (440) 775-1211

UH Elyria Medical Center
630 E. River Street, Elyria (440) 329-7500

Medina County — Hospitals

Lodi Community Hospital
225 Elyria Street, Lodi (330) 948-1222

Medina Hospital
a Cleveland Clinic hospital
1000 E. Washington Street, Medina (330) 725-1000
www.medinahospital.org

Wadsworth-Rittman Hospital
195 Wadsworth Road, Wadsworth. (330) 334-1504

Portage County — Hospital

University Hospitals Portage Memorial Center
6847 N. Chestnut Street, Ravenna (330) 297-0811

Summit County — Hospitals

Akron City Hospital
525 E. Market Street, Akron (330) 375-3101

Akron General Medical Center
400 Wabash Avenue, Akron (330) 344-6000

St. Thomas Hospital
444 North Main Street, Akron (330) 375-3101

Summa Health System Barberton Hospital
155 Fifth Street, NE, Barberton (330) 615-3000

Summa Western Reserve Hospital
1900 23rd Street, Cuyahoga Falls. (330) 971-7000

Senior Resource Contact Numbers



Acute Inpatient Rehabilitation and LTAC Facilities*

*LTAC refers to: Long Term Acute Care

Regency Hospital, LTAC
155 Fifth Street NE, Barberton OH 44203 (330) 615-3792

Regency Hospital, LTAC
6990 Engle Road, Middleburg Hts, OH 44130 (440) 202-4244

Regency Hospital, LTAC
6847 North Chesnut Street, Ravenna OH 44266 . . . (330) 298-3800

Regency Hospital, LTAC
4200 Interchange Corporate Center Road
Warrensville Heights, OH 44128-5631 (216) 910-3865

Select Specialty Hospital – Cleveland Fairhill
11900 Fairhill Road, Cleveland, OH 44120 (216) 983-8011

Select Specialty Hospital – Cleveland Gateway
2351 East 22nd St, 7th Fl, Cleveland OH 44115 . . . (216) 592-2175

University Hospitals Avon Rehabilitation Hospital
37900 Chester Rd, Avon, OH 44120. (440) 695-7100

University Hospitals Rehabilitation Hospital
A free standing facility
23333 Harvard Road, Beachwood, OH 44122 (216) 593-2200



Senior Centers By County**Ashtabula County Senior Centers**

Ashtabula County Senior Center
4632 Main Avenue, Ashtabula, OH 44004 (440) 998-6750

Conneaut Senior Center
327 Mill Street, Conneaut, OH 44030 (440) 593-5273

Geneva Senior Center
62 W Main Street, Geneva, OH 44041 (440) 466-3048

Jefferson Senior Center
11 E. Jefferson Street, Jefferson, OH 44047 (440) 576-9052

Cuyahoga County Senior Centers

Bay Village Senior Center
300 Bryson Lane, Bay Village, OH 44140 (440) 899-3409

Beachwood Community Senior Center
25325 Fairmount Blvd, Beachwood, OH 44122 (216) 595-3733

Bedford Heights Senior Center
5615 Perkins Road, Bedford, OH 44146 (440) 786-3207

Berea Senior Center
276 E. Bagley Road, Berea, OH 44017 (440) 243-1144

Brecksville Senior Center
49 Public Square, Brecksville, OH 44141

Broadview Heights Senior Center
9543 Broadview Rd, Broadview Heights, OH 44147 . . (440) 526-4685

Brook Park Senior Center
17400 Holland Road, Brook Park, OH 44142 (216) 433-4136

Brooklyn Senior Center
7727 Memphis Avenue, Cleveland, OH 44144 (216) 635-4222

Brooklyn Heights Senior Center
345 Tuxedo Avenue, Independence, OH 44131 (216) 739-3702

Chagrin Falls Senior Center
7060 Woodland Avenue, Chagrin Falls, OH 44022 . . . (440) 247-8510

Cleveland Heights Senior Center
40 Severance Circle, Cleveland, OH 44118 (216) 291-2736

East Cleveland Senior Center
16100 Euclid Avenue, Cleveland, OH 44112 (216) 761-8410

Euclid Lakefront Senior Center
One Bliss Lane, Euclid, OH 44123 (216) 289-2985

Fairview Park Senior Center
20769 Lorain Road, Cleveland, OH 44126 (440) 356-4439

Garfield Heights Senior Center
5407 Turney Road, Garfield Heights, OH 44125 (216) 475-3244

Highland Heights — Tri City Senior Center
5827 Highland Rd, Highland Hts, OH 44143 (216) 449-9010

Independence Senior Center
6363 Selig Drive, Independence, OH 44131 (216) 524-3035

Lakewood Senior Center, East
12400 Madison Avenue, Lakewood, OH 44107 (216) 226-9339

Lakewood Senior Center, West
16024 Madison Avenue, Lakewood, OH 44107 (216) 521-1515

Lorain Senior Center
16231 Lorain Avenue, Cleveland, OH 44111 (216) 251-0550

Maple Heights Senior Center
15901 Libby Road, Maple Heights, OH 44137 (216) 587-5481

Mayfield Village Senior Center
6621 Wilson Mills Rd, Mayfield Village, OH 44143 . . . (440) 919-2332

North Olmsted Senior Center
28114 Lorain Road, North Olmsted, OH 44070 (440) 777-8100

Orange Senior Center
32000 Chagrin Boulevard, Orange, OH 44124 (216) 831-8601

Parma Senior Center
7001 W. Ridgewood Drive, Parma, OH 44129 (440) 885-8143

Parma Heights Senior Center
9275 N. Church Drive, Parma Heights, OH 44130 . . . (440) 888-4416

Senior Resource Contact Numbers

Rocky River Senior Center
21012 Hilliard Road, Rocky River, OH 44116 (440) 331-0600

Shaker Heights Senior Center
3400 Lee Road, Cleveland, OH 44120 (216) 491-1351

Solon Senior Center
35000 Portz Parkway, Solon, OH 44139 (440) 349-6363

South Euclid Senior Center
1370 Victory Dr, Cleveland, OH 44121 (216) 291-0771

Strongsville Senior Center
18100 Royalton Road, Strongsville, OH 44136 (440) 238-7111

University Heights Senior Center
2300 Warrensville Ctr Rd, University Hts, OH 44118 . (216) 932-7800

Warrensville Hts Senior Center
4567 Green Road, Warrensville Hts, OH 44128 (216) 587-1250

Westlake Community Services
29694 Center Ridge Rd, Westlake, OH 44145 (440) 899-3544

Geauga County Senior Centers

Chagrin Falls Senior Center
7060 Woodland Ave, Chagrin Falls, OH 44022. (440) 247-8510

Chardon Senior Center
12555 Ravenwood Drive, Chardon, Ohio 44024 (440) 279-2130

Middlefield Senior Center
15820 Ridgewood Drive, Middlefield, Ohio 44062 . . . (440) 632-0611

West Geauga Senior Center
12650 West Geauga Plaza, Unit 4
Chesterland, Ohio 44026 (440) 729-2782

Lake County Senior Centers

Eastlake Senior Center
1580 E 332nd Street, Eastlake, OH 44095-3922 . . . (440) 946-8822

Kirtland Senior Center
7900 Euclid Chardon Road, Kirtland, OH 44094. . . . (440) 256-3333

Senior Resource Contact Numbers

Madison Senior Center
2938 Hubbard Road, Madison, OH 44057. (440) 428-6664

Mentor Senior Center
8484 Munson Road, Mentor, OH 44060-2411. (440) 974-5725

Painesville Senior Center
933 Mentor Avenue, Painesville, OH 44077. (440) 853-2004

Wickliffe Senior Center
900 Worden Road, Wickliffe, OH 44092 (440) 373-5015

Willoughby Senior Center
38032 Brown Ave, Willoughby, OH 44094-5837 (440) 951-2832

Willowick Senior Center
321 E 314th Street # E, Willowick, OH 44095 (440) 585-5112

Lorain County Senior Centers

Amherst Senior Center
621 Cleveland St, Amherst, OH 44001 (440) 988-2817

Avon Lake Senior Center
100 Avon-Beldon Road, Avon Lake, OH 44012 (440) 930-4135

Elyria Senior Center
807 West Avenue, Elyria, OH 44035 (440) 284-9192

Lorain County Senior Center
3361 Garfield Boulevard, Lorain, OH 44052 (440) 288-4040

Northeast Lorain County Senior Center
4575 Lake Road, Sheffield Lake, OH 44054 (440) 949-8146

North Ridgeville Senior Center
7327 Avon-Beldon Rd, North Ridgeville, OH 44039 . . (440) 353-0828

Oberlin Senior Center
90 E. College Street, Oberlin, OH 44074 (440) 775-1504

Medina County Senior Centers

Brunswick Senior Center
3637 Center Road, Brunswick, OH 44212. (330) 273-8000

Medina County District Library Outreach Services
6625 Wolff Road, Medina, OH 44256. (330) 722-2590
www.mcndl.info — (fax). (330) 723-6148

Medina Senior Center
 246 Northland Drive, Medina, OH 44256 (330) 723-9514
 (Wadsworth) Soprema Senior Center & Cafe
 617 School Drive, Wadsworth, OH 44281 (330) 335-1513

Portage County Senior Centers

Portage County (Ravenna) Senior Center
 705 Oakwood, Ravenna, Ohio 44266 (330) 297-3456
 Streetsboro Senior Center
 9184 Ohio 43, Streetsboro, OH 44241 (330) 626-2398

Summit County Senior Centers

Barberton Senior Center
 500 W. Hopocan Avenue, Barberton, OH 44203 (330) 848-6731
 Kenmore Senior Center
 880 Kenmore Boulevard, Akron, OH 44314 (330) 375-2812
 Macedonia Senior Center
 9699 Valley View Road, Macedonia, OH 44056 (330) 467-2218
 Northfield Senior Center
 9546 Brandywine Road, Northfield, OH 44067 (330) 467-7646
 Richfield Senior Center
 4400 W. Streetsboro Road, Richfield, OH 44286 (330) 659-9203
 Stow Senior Center
 3968 Darrow Road, Stow, OH 44224 (330) 689-5100
 Tallmadge Senior Center
 429 South Avenue, Tallmadge, OH 44278 (330) 630-2508
 Twinsburg Senior Center
 10260 Ravenna Road, Twinsburg, OH 44087 (330) 963-8722



Veterans Clinics, Centers and Benefits

Veterans Contact Information

Assistance with Veterans Benefits
 (440) 285-9588
 C.A.V.A. – Cleveland American Veterans Association
 1440 Rockside Road #118, Parma, OH 44134
 (216) 661-7753
 Cleveland Regional Office for Veteran’s Benefits
 1 (800) 827-1000
 Cleveland Regional Loan Center
 1 (800) 729-5772
 Louis Stokes Cleveland VA Medical Center
 (216) 791-3800
 Paralyzed Veterans of America
 (216) 731-1017
 U.S Department of Veterans Affairs, Cleveland
 1 (800) 827-1000

Veterans Administration County Offices

Ashtabula County Veterans Service Office (440) 964-8324
 Cuyahoga County Veterans Service Office (216) 698-2600
 Geauga County Veterans Service Office (440) 279-1860
 Lake County Veterans Service Office (440) 350-2567
 Lorain County Veterans Service Office (440) 284-4625
 Medina County Veterans Service Office (330) 722-9368
 Portage County Veterans Service Office (330) 297-3545
 Summit County Veterans Service Office (330) 643-2830

Veterans Administration Community Based Outpatient Clinics (CBOCS)

VA Akron Multi-Specialty Outpatient Clinic
55 West Waterloo Road, Akron, OH 44319
(330) 724-7715 Fax: (330) 724-1029

VA Canton Multi-Specialty Outpatient Clinic
733 Market Avenue (South), Canton, OH 44702
(330) 489-4600 Fax: (330) 489-4684

VA McCafferty Multi-Specialty Outpatient Clinic
4242 Lorain Avenue, Cleveland, OH 44113
(216) 939-0699 Fax: (216) 939-0789

VA Lorain Multi Specialty Outpatient Clinic
205 West 20th Street, Lorain, OH 44052
(440) 244-3833 Fax: (440) 244-3834

VA Painesville Multi-Specialty Outpatient Clinic
7 West Jackson Street, Painesville, OH 44077
(440) 357-6740 Fax: (440) 357-7906

VA Ravenna Multi Specialty Outpatient Clinic
6751 North Chestnut Street, Ravenna, OH 44266
(330) 296-3641 Fax: (330) 296-5297

Veterans Centers

McCafferty
(216) 939-0784 or 1 (877) 927-8387

Cleveland Maple Heights
(216) 707-7901 or 1 (877) 927-8387

Parma
(440) 845-5023 or 1 (877) 927-8387



Adult Day Care

“Anytime of Day Care” at Kemper House Strongsville
10890 Prospect Road, Strongsville, OH 44149
(440) 846-1100 Fax: (440) 846-1113

Acacia Place
10603 Detroit Avenue, Cleveland, OH 44102
(216) 226-6090

AVALON Adult Day Care
2770 SOM Center Road, Willoughby Hills, OH 44094
(440) 569-1254

Benjamin Rose Institute on Aging
11890 Fairhill Road, Cleveland, OH 44120
(216) 791-8000 Fax: 216.373.1816
www.benrose.org info@benrose.org
see display ad, color section, C12

Eliza Bryant Village
7201 Wade Park Avenue, Cleveland, OH 44103
(216) 361-6141

Geauga County Department on Aging Adult Day Service
“no charge”
12555 Ravenwood Drive, Chardon, OH 44204
(440) 279-2149

For more information and/
or questions regarding any
of these listings, please call
our office and one of our staff
members will be glad to assist
you in learning more.



(216) 292-8485

Adult Day Care

Gateway Family House

3 Gateway Drive, Euclid OH 44119
(216) 486-4949 (216) 486-2850

Jennings Center for Older Adults

10204 Granger Road, Garfield Hts, OH 44125
(216) 581-2900

McGregor PACE

26310 Emery Road, Warrensville Hts., OH 44128
(216) 791-3580 / TTY (800) 325-2223

McGregor PACE at Langston Hughes Center

2390 East 79th Street, Cleveland, OH 44104
(216)361-0917

McGregor PACE at Senior Health & Wellness Center

4229 Pearl Road, Cleveland, OH 44109
(216) 205-4000

www.mcgregorpace.org

see display ads, color section, C28 & C35

Menorah Park Adult Day Care Center

27100 Cedar Road, Beachwood, OH 44122
(216) 839-6678

www.menorahpark.org

see display ad on back cover

SAIDO Learning Center at The Renaissance

26376 John Road, Olmsted Township, OH 44138
(440) 235-7100 ext. 2302
see display ad on page 96

St. Anthony Adult Day Care

19350 Euclid Avenue, Euclid, OH 44117
(216) 481-4823

University Hospitals Parma Medical Center, Adult Day Services

7300 State Road, Parma, OH 44134
(440) 743-2660

Behavioral Health/Geriatric Assessment/Support



Behavioral Health/Geriatric Assessment/Support Services

Alliant Health Services "Addiction Recovery"

3535 Lee Road, Shaker Heights, OH 44120
(216) 417-6166

The Alzheimers Association of Cleveland

23215 Commerce Park Drive, Suite 300
Beachwood, OH 44122
(216) 721-8457 Fax: (216) 831-8585
Toll Free (800) 272-3900

Benjamin Rose Institute on Aging

11890 Fairhill Road, Cleveland, OH 44120
(216) 791-8000 Fax: (216) 373-1816
www.benrose.org info@benrose.org
see display ad, color section, C12

Caring Connections Geriatric Care Management

9225 Cambridge Road, Chardon OH 44024
(216) 312-7153 Fax: (800) 865-0491

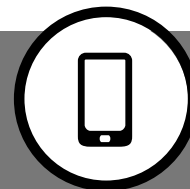
The Center for Geriatric Psychiatry at West Medical Center

36000 Euclid, Avenue, Willoughby, OH 44094
(440) 918-6366

Clear Vista "Health & Wellness"

A Behavioral Health Hospital
3364 Kolbe Road, Lorain, OH 44053
(440) 960-7963

The SENIOR COMFORT GUIDE is both an in-print and online directory. Our website is newly updated, state-of-the-art, and easy to use. Visit us at:



www.SeniorComfortGuide.com

Cleveland Clinic Geriatric Evaluation Program

4 locations

Beachwood Family Health and Surgery Center
Geriatric Evaluation and Management
26900 Cedar Rd., Beachwood
(216) 839-3000

Cleveland Clinic Center for Geriatric Medicine
10685 Carnegie Ave., Cleveland
(216) 444-5665

Cleveland Clinic Lakewood Emergency Department
1450 Belle Ave., Lakewood
(216) 521-2228

Euclid Hospital Geriatric Evaluation and Management
99 Northline Cir. Ste 211, Euclid
(216) 692-8876

The Gathering Place

A Caring Community for Those Touched by Cancer
East—23300 Commerce Park, Beachwood, OH 44122
West—800 Sharon Drive, Westlake, OH 44145
(216) 595-9546

Generations Behavirol Health – GBH

60 West Street, Geneva, OH 44041
(440) 491-0155

JFSA Care At Home

29125 Chagrin Blvd, Beachwood, OH 44122
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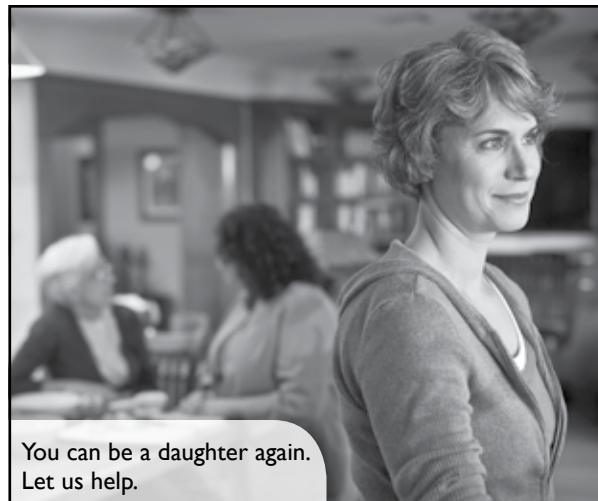
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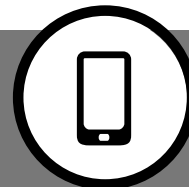
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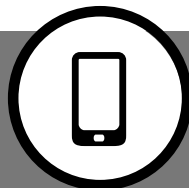
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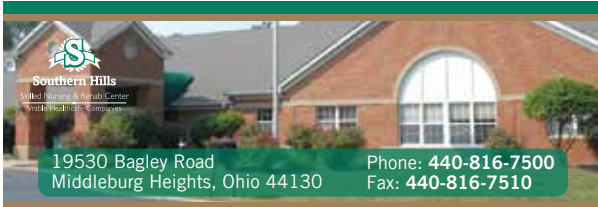
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- Respite Care
- Wound Care Therapies
- Tracheostomy Care
- Clinically Complex Care
- Cancer Recovery Services
- Nutrition Management
- Renal Disease Services
- Infusion Therapies
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To learn more, please call **216.910.2323**.



MONTEFIORE
BEACHWOOD, OHIO
montefiorecare.org

The Weils
CHAGRIN FALLS, OHIO
theweils.org



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THE DAVID AND FREDA ROBINSON RESIDENCE

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Your body changes in 52 different ways between the ages of 50 and 80.

For example, you feel less thirsty—which can lead to dehydration, causing dizziness and mental fog. Your depth perception changes—affecting your ability to go down stairs. Your muscle turns to fat—meaning you can weigh the same but be weaker than you think.

Changes like these are why seeing a geriatric specialist is so important. That’s why Cleveland Clinic has introduced a new program, providing annual “tune-ups” for people age 50 and older.

The Successful Aging Program offers one-hour appointments with a care team, including a Successful Aging specialist who is a board-certified geriatrician; a pharmacist, nurse and social worker. You can be referred to a nutritionist or physical therapist, if needed.

Visits include:

- Vision, hearing and other age-appropriate screenings.
- Memory assessment. Specialists also may discuss ways to maintain your brain health long-term.
- Frailty screening and fall-risk assessment.
- Medication review. Our geriatric pharmacist may talk with you about medication alternatives, reducing dosages if you’re having unwanted side effects, and removing medications that you don’t need anymore.

The team shares recommendations with your regular doctor.

Personalizing your care

“We focus on what matters most to each patient,” says Cleveland Clinic Successful Aging specialist Ar-

deshir Hashmi, MD. “We make a healthcare plan to help you keep doing what you love, whether it’s continuing to work, travel or just walk the dog.”

Dr. Hashmi is the Director of the Center for Geriatric Medicine at Cleveland Clinic.

“We’ll talk about healthy eating and exercise habits, as well as immunizations and other preventive care that becomes important as you age,” says Dr. Hashmi. “We’ll also talk about keeping you mobile, which can include bone health, footwear and home safety.”

If needed, the Successful Aging program can connect you with:

- Physical therapy
- Occupational therapy
- Driving evaluation
- Audiology
- Ophthalmology
- Social workers, to help you with financial planning, home services, transportation or housing options
- Mobility devices

Why less medication is sometimes better

“We frequently take our patients off medications or reduce their dosages,” says Dr. Hashmi. “Often the medications that were perfect for you five years ago may no longer be appropriate.”

There are several reasons why. One is because your kidneys work more slowly as you age, so medications can stay in your body longer and build up. Another is because blood sugar naturally goes down as you age, so you don’t need as much medication to control diabetes.

“Doctors sometimes prescribe more blood pressure medicine than is needed for older adults,” says Dr. Hashmi. “That’s why you might feel dizzy when you stand up.”

Successful Aging specialists will take your blood pressure while you’re standing, to get a true reading. Your blood pressure is naturally higher when you’re sitting.

When to see a Successful Aging specialist

Too often patients see a geriatric doctor only after they notice memory problems or they’ve started falling a lot.

“If you wait that long, we have fewer options for promoting health,” says Dr. Hashmi. “Staying healthy and independent requires taking steps before things start going wrong.”

Patients should consider regular Successful Aging visits as early as age 50, he says.

Research shows that proactive interventions can help preserve your brain health and mobility as you age. Mobilization and exercise are proven to help older adults age gracefully and thrive longer.

Aging is a marathon, he says. Pace yourself earlier so you can prevent problems and stay in the race longer.

Ardeshir Hashmi MD, FACP
Cleveland Clinic Center for Geriatric Medicine

To make an appointment with a Successful Aging specialist, call 216.444.5665 or visit: ClevelandClinic.org/SuccessfulAging. Caregivers are encouraged to attend appointments with patients.

Cleveland Clinic is ranked No. 8 in the nation for geriatric care, according to *U.S. News & World Report*. It is No. 1 in Ohio.





Alzheimer's, Dementia and Memory Care Facilities

Assisted Living

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171 N. Cleveland Massillon Road, Akron, OH 44333
(330) 668-6889 Fax: (330) 668-6242
www.arden-courts.com

Arden Courts, Chagrin Falls, Memory Care Communities Assisted Living

8100 East Washington Street, Chagrin Falls, OH 44023
(440) 543-6766 Fax: (440) 543-6863
www.arden-courts.com

Arden Courts, Parma, Memory Care Communities Assisted Living

9205 Sprague Road, Parma, OH 44133
(440) 886-5858 Fax: (440) 886-5880
www.arden-courts.com

Arden Courts, Westlake, Memory Care Communities Assisted Living

28400 Center Ridge Road, Westlake, OH 44145
(440) 808-9275 Fax: (440) 808-9332
www.arden-courts.com

Brooklyn Pointe

4800 Idlewood Drive, Brooklyn, OH 44144
(216) 230-5690
www.meridiansenior.com
see display ad on page, color section, C34

Cardinal Court Alzheimer's Special Care Center 18719 Drake Road, Strongsville, OH 44136

(440) 268-9180
www.cardinalcourtalz.com
see display ad, color section, C27

Creekside Memory Care at Gateway

Assisted Living – Memory Care
1 Gateway Drive, Euclid, OH 44124
(216) 531-5400 Fax: (216) 486-1922

East Park Retirement Community – Memory Care Unit Assisted Living

6360 Elmdale Road, Brook Park, OH 44142
(216) 267-7067

Eliza Bryant Village

7201 Wade Park Avenue, Cleveland, OH 44103
(216) 361-6141

Greenfield Estates – Alzheimer's Special Care Center 3522 Commercial Dr., Akron, OH 44333

(330) 664-1650
www.jeaseniorliving.com

Helen's Place Memory Care Apartments – Assisted Living

27090 Cedar Rd, Beachwood, OH 44122
(216) 292-0070

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251 N. Cleveland Massillon Road, Akron, OH 44333
(330) 510-3110
www.meridiansenior.com

Independence Village of Avon Lake (IL,AL,MC)

345 Lear Road, Avon Lake, OH 44012
(440) 434-3873
www.independencevillages.com

Kemper House of Highland Heights – Memory Care Assisted Living

407 Golfview Lane, Highland Heights, OH 44143
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Lantern of Chagrin Valley
5277 Chillicothe Rd., South Russell, OH 44022
(440) 996-5084

Lantern of Madison
2041 Hubbard Rd., Madison, OH 44057
(440) 428-2664

Lantern of Saybrook
3720 North Ridge Rd. West, Saybrook, OH 44004
(440) 261-3100

Lights of Hearts Villa – Memory Care
283 Union Street, Bedford, OH 44146
(440) 232-1991 Fax: (440) 232-1782
www.lightofhearts.org
see display ad on page 96

Maplewood at Chardon – Memory Care Unit
Assisted Living
12350 Bass Lake Road, Chardon, OH 44024
(440) 285-3300 Fax: (440) 279-2474

Maplewood at Cuyahoga Falls
Assisted Living & Memory Care
190 West Bath Road, Cuyahoga Falls, OH 44223
(855) 721-2426

Maplewood at Twinsburg
2463 Sussex Blvd, Twinsburg, OH 44087
(330) 236-4343

McGregor – Memory Care – Assisted Living
14900 Private Drive Cleveland OH 44112
(216) 851-8200
www.mcgregoramas.org
see display ad, C35

IN-HOME PROGRAM
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Kristen Morelli, program manager
(216) 910-2323
kmorelli@montefiore.org
see display ads, color section, C17 & C26

Montefiore – The Willensky Residence
A Memory Care Community – Assisted Living
One David N. Myers Parkway, Beachwood, OH 44122
(216) 910-2323 Fax: (216) 910-2299
www.montefiorecare.org
see display ad, color section, C26

O'Neill Healthcare Bay Village – Memory Care Unit
605 Bradley Road, Bay Village, OH 44140
(440) 871-3474 Fax: (440) 871-4743

O'Neill Healthcare North Olmsted – Memory Care Unit
4800 Clague Road, North Olmsted, OH 44070
(440) 734-9933 Fax: (440) 716-5424

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Memory Care – Assisted Living
10603 Detroit Avenue, Cleveland Ohio 44102
(216) 226-6090

The Weils – The David and Freda Robinson Residence
Assisted Living Memory Care Community
16695 Chillicothe Road, Chagrin Falls, 44023
(440) 543-4221 Fax: (440) 543-1232
see display ad, color section, C26

Windsor Heights – Memory Care – Assisted Living
23311 Harvard Road, Beachwood, OH 44122
(216) 839-1300 Fax: (216) 839-5200

Vista Springs Greenbriar – Memory Care
8668 Day Drive, Parma, OH 44129
(330) 319-3659

Vista Springs Quail Highlands – Memory Care
7960 Auburn Road, Concord Twp, OH 44077
(330) 578-2806

Alzheimer's, Dementia and Memory Care Facilities

Skilled Nursing Homes

Blossom Hill Health Care Residence

Skilled Nursing – Memory Unit

12496 Princeton Road, Huntsburg, OH 44046

(440) 635-5567 Fax: (440) 636-5601

Creekside at Braeview – Skilled Nursing – Memory Unit

20611 Euclid Avenue, Euclid, OH 44117

(216) 486-9300 Fax: (216) 486-2603

Briar Hill Health Care Residence

Skilled Nursing – Memory Unit

15950 Pierce Street, Middfield, OH 44062

(440) 632-5241 Fax: (440) 632-9362

Eliza Bryant Village

7201 Wade Park Avenue, Cleveland, OH 44103

(216) 361-6141

The Heights Rehabilitation & Healthcare

Memory Care Unit

2801 E. Royalton Road, Broadview Heights, OH 44147

(440) 526-4770

theheightsrehab.com

see display ad, color section, C31

Holly Hill Health Care Residence

Skilled Nursing – Memory Unit

10190 Fairmount Road, Newbury, OH 44065

(440) 338-8220 Fax: (440) 338-6173

Huntington Woods Care and Rehabilitation Center

Skilled Nursing – Memory Unit

27705 Westchester Parkway, Westlake, OH 44145

(440) 835-5661 Fax: (440) 835-5662

Keystone Pointe Health and Rehabilitation Center

Skilled Nursing – Memory Unit

383 Opportunity Way, Lagrange, OH 44050

(440) 355-4616

Kirtland Rehabilitation and Care – Memory Unit

9685 Chillicothe Road, Kirtland, Ohio 44094

(440) 256-8100

www.kirtlandrehab.com

see display ad, color section, C24

Life Care Center of Elyria – Skilled Nursing – Memory Unit

1212 South Abbe Road, Elyria, OH 44034

(440) 365-2500

Life Care Center of Westlake

Skilled Nursing – Memory Unit

26520 Center Ridge Road, Westlake, OH 44145

(440) 871-3030 Fax: (440) 871-3036

Madison Health Center – Skilled Nursing – Memory Unit

7600 S. Ridge Road, Madison, OH 44057

(440) 428-1492 Fax: (440) 428-8698

McGregor – Memory Care

14900 Private Drive, Cleveland, OH 44112

(216) 851-8200

www.mcgregoramasa.org

see display ad, C28 & C35

Menorah Park – Skilled Nursing – Memory Units

27100 Cedar Road, Beachwood OH 44122

216-831-6500

Mentor Woods – Skilled Nursing – Memory Unit

8881 Schaefer Street, Mentor, OH 44060

(440) 255-9309 Fax: (440) 205-9120

Montefiore – Skilled Nursing – Memory Unit

One David N. Myers Parkway, Beachwood, OH 44122

(216) 910-2202 Fax: (216) 910-2299

www.montefiorecare.org

see display on, color section, C17

O'Neill Healthcare North Ridgeville – Memory Care Unit

38600 Center Ridge Road, North Ridgeville, OH 44039

(440) 327-1295 Fax: (440) 353-0204

Alzheimer's, Dementia and Memory Care Facilities

Parma Care Center – Skilled Nursing – Memory Unit
5553 Broadview Road, Parma, OH 44134
(216) 661-6800 Fax: (216) 661-6763

Riverview Pointe Care Center
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(440) 261-3100

Royal Meadows at Austinburg
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see display ad on page, color section, C34

Cedar Center Apartments—Apartment Community for 62+
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Chippewa Place, Independent Senior Living
7005 Stadium Drive, Brecksville, OH 44141
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www.chippewaplace.net
see display ad on page 95

East Park Retirement Community – Memory Care Unit
Assisted Living
6360 Elmdale Road, Brook Park, OH 44142
(216) 267-7067

Eliza Bryant Village
7201 Wade Park Avenue, Cleveland, OH 44103
(216) 361-6141

Eliza Jennings Assisted Living Community at Devon Oaks
2345 Crocker Road, Westlake, OH 44145
(440) 250-2300 Fax: (440) 808-0838

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30344 Lorain Road, North Olmsted, OH 44070
(440) 777-9300

The Fountains Assisted Living
1555 Brainard Road, Lyndhurst, OH 44124
(440) 460-1000 Fax: (440) 460-1414
www.thegreensandfountains.com
see display ad, color section, C20

The Gardens at Westlake
27569 Detroit Road, Westlake, OH 44145
(440) 892-9777 Fax: (440) 892-5384

Gates Mills Club – IL
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(440) 461-2010

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www.gatewaycarecommunity.com
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Gateway Manor—Senior Apartments 55+
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(216) 383-1459 Fax: (216)383-1528

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www.generationsHCM.com

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18960 Falling Water Road, Strongsville, OH 44136
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www.generationsHCM.com

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(440) 449-8788 Fax: (440) 442-8648

Hamlet Village – AL/IL
200 Hamlet Hills Drive, Chagrin Falls, OH 44022
(440) 247-4676

Harbor Court Retirement Community
22900 Center Ridge Road, Rocky River, OH 44116
(440) 356-2282 Fax: (440) 356-2744

Holy Redeemer—Apartment Community for 62+
885 Ruple Rd., Cleveland, OH 44110
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Homewood Residence at Rockefeller Gardens
3151 Mayfield Road, Cleveland Heights, OH 44118
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Inn at Joshua Tree – Assisted Living

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 (440) 779-8886 Fax: (440) 779-9569

Jennings Assisted Living Center

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 (216) 581-2900 Fax: (216) 581-4505

Judson Manor

1890 East 107th. Street, Cleveland, OH 44106
 (216) 791-2004 Fax: (216) 795-0449

Judson Retirement Community

2181 Ambleside Road, Cleveland, OH 44106
 (216) 791-2004 Fax: (216) 791-2686

Kemper House of Highland Heights

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 407 Golfview Lane, Highland Heights, OH 44143
 (440) 461-0600

Kemper House of Strongsville

Residential Alzheimer's and Dementia Care
 10890 Prospect Road, Strongsville, OH 44149
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see display ads, color section, C5 and C15 (Legacy Health)

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www.lightofhearts.org

see display ad on page 96

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see display ad, color section, C26

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6765 State Road, Parma, OH 44134
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www.mountalvernavillage.org
see display ad on page 117

Olmsted Manor Retirement Community

27420 Mill Road, North Olmsted, OH 44070
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O'Neill Healthcare Bay Village

605 Bradley Road, Bay Village, OH 44140
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O'Neill Healthcare Lakewood

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Park Creek Center

10064 North Church Drive, Parma Heights, OH 44130
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Parkside Villa

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(440) 260-7626 Fax: (440) 260-5957
www.lhshealth.com
see Legacy Health ad, color section, C15

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see Legacy Health ad, color section, C15

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(440) 235-7100
see display ad on page 96

Richmond Heights Place

3 Homewood Way, Richmond Heights, OH 44143
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Rockport Retirement Community

20375 Center Ridge Road, Cleveland, OH 44116
 (440) 356-5444 Fax: (440) 356-5443

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7821 Lake Avenue, Cleveland, OH 44102
 (216) 634-7444 Fax: (216) 634-2717

Shurmer Place at Altenheim – IL / AL

18821 Shurmer Road, Strongsville, OH 44136
 (440) 238-3361 Fax: (440) 238-3205

Singleton Health Care Center – Assisted Living

1867 E. 82nd Street, Cleveland, OH 44103
(216) 231-8467 Fax: (216) 231-1761
see display ad on page 118

The Slovene Home Skilled Care & Rehabilitation – AL

18621 Neff Road, Cleveland, OH 44103
(216) 486-0268
www.slovenehome.org
see display ad, color section, C19

Solon Pointe

5625 Emerald Ridge Parkway, Solon, OH 44139
 (440) 498-3000 Fax: (440) 498-8257

Southwest Commons

18090 Pearl Road, Strongsville, OH 44136
 (440) 238-3777 Fax: (440) 238-6822

Stone Gardens Assisted Living

27090 Cedar Road, Beachwood, OH 44122
 (216) 292-0070 Fax: (216) 292-0033

Stratford Commons**7000 Cochran Road, Glenwillow, OH 44139****(440) 914-0900 Fax: (440) 914-7494****www.stratfordcare.com****see display ad, color section, C30****Sunrise Assisted Living of Parma**

7766 Broadview Road, Parma, OH 44134

(216) 447-8909 Fax: (216) 328-9272

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21600 Detroit Road, Rocky River, OH 44116

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3105 Franklin Boulevard, Cleveland, OH 44113

(216) 566-8707 Fax: (216) 566-8329

Villa Serena Apartments, for 62 and older

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Vista Springs Greenbriar – Memory Care

8668 Day Drive, Parma, OH 44129

(330) 319-3659

Vitalia Senior Residence at Strongsville

21452 Royalton Rd, Strongsville, OH 44149

(440) 878-3737

Vitalia Senior Residence at Westlake

26695 Center Ridge Rd, Westlake, OH 44145

(440) 835-3737

The Waterford at Richmond Heights

261 Richmond Road, Cleveland, OH 44143

(216) 289-9800 Fax: (216) 289-9801

Wellington Place

4800 Clague Road, North Olmsted, OH 44070

(440) 734-9933 Fax: (440) 414-0370

The Welsh Home

22199 Center Ridge Road, Rocky River, OH 44116

(440) 331-0420 Fax: (440) 331-7810

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14300 Detroit Ave, Lakewood, OH 44107

(216) 521-0053

Westlake Village

28460 Westlake Village Drive, Westlake, OH 44145

(440) 892-4200 Fax: (440) 892-4756

Westwood Place Independent Senior Living**18800 Westwood Drive, Strongsville, OH 44136****(440) 238-1021 Fax: (440) 238-5412****www.westwoodplaceapts.net****Wiggins Place Assisted Living**

27070 Cedar Road, Beachwood, OH 44122

(216) 831-6500 Fax: (216) 831-5492

Windsor Heights – Memory Care – Assisted Living

23311 Harvard Road, Beachwood, OH 44122

(216) 839-1300 Fax: (216) 839-5200

The Woodlands of Shaker Heights

Assisted Living and Memory Care

16333 Chagrin Boulevard, Shaker Heights, OH 44120

(216) 751-0930 Fax: (216) 751-0980

Woodside Village

19455 Rockside Road, Bedford, OH 44146

(440) 439-8666 Fax: (330) 439-7352

Geauga County ●●●●●**Arden Courts Memory Care Community of Chagrin Falls****8100 East Washington Street, Chagrin Falls, OH 44023****(440) 543-6766 Fax: (440) 543-6863****www.arden-courts.com****Blossom Hill Health Care Residence AL / IL**

12496 Princeton Road, Huntsburg, OH 44046

(440) 635-5567 Fax: (440) 636-5601

Briar Hill Health Care Residence AL / IL
 15950 Pierce Street, Middlefield, OH 44062
 (440) 632-5241 Fax: (440) 632-9362

Briarcliff Manor
 14807 North State Street, Middlefield, OH 44062
 (440) 632-5241 Fax: (440) 632-9362

The Corinne Dolan Center
 12340 Bass Lake Road, Chardon, OH 44024
 (440) 285-7040 Fax: (440) 285-4378

Holly Hill Health Care Residence AL / IL
 10190 Fairmount Road, Newbury, OH 44065
 (440) 338-8220 Fax: (440) 338-6173

Lantern of Chagrin Valley
 5277 Chillicothe Rd., South Russell, OH 44022
 (440) 996-5084

Maplewood at Chardon
Assisted Living & Memory Care
 12350 Bass Lake Road, Chardon, OH 44024
 (440) 285-3300 Fax: (440) 279-2474

Princeton Place
 12496 Princeton Road, Huntsburg, OH 44046
 (440) 635-5567 Fax: (440) 636-5601

South Franklin Circle
 16575 Franklin Street, Chagrin Falls, OH 44023
 (440) 247-1300

The Weils – A Montefiore Senior Community
Assisted Living and Memory Care
16695 Chillicothe Road, Chagrin Falls, OH 44023
(440) 543-4221 Fax: (440) 543-1232
www.theweils.org
see display ad, color section, C25 & C26

The Residence of Chardon
 501 Chardon-Windsor Road, Chardon, OH 44024
 (440) 286-2277 Fax: (440) 286-2249

Lake County ●●●●●●

Abbott's Manor—Apartment Community for 62+
 34251 Ridge, rd., Willoughby, OH 44094
 (440) 944-6305

Brookdale Mentor
 5700 Emerald Court, Mentor, OH 44060
 (440) 354-5499 Fax: (440) 354-5422

Brookdale Wickliffe
 30630 Ridge Road, Wickliffe, OH 44092
 (440) 943-2050 Fax: (440) 943-0403

Brookdale Willoughby
 35300 Kaiser Court, Willoughby, OH 44094
 (440) 269-8600 Fax: (440) 269-2398

Divine Living of Madison – AL
 2358 Hubbard Road, Madison, OH 44057
 (440) 428-4663

The Enclave of Newell Creek – AL
 7900 Center St, Mentor, OH 44060
 (440) 840-8872

Fairmount Health & Rehabilitation
of Breckenridge Village
 36855 Ridge Road, Willoughby, OH 44094
 (440) 942-4342 Fax: (440) 942-4150

Governor's Pointe
 8506 Hendricks Road, Mentor, OH 44060
 (440) 951-6363 Fax: (440) 205-1573

Ivy House Assisted Living
 308 South State Street, Painesville, OH 44077
 (440) 354-2131 Fax: (440) 354-2068

Lantern of Madison
 2041 Hubbard Rd., Madison, OH 44057
 (440) 428-2664

Pine Hill Country Care – Assisted Living
 7301 Ravenna Road, Concord, OH 44077
 440-639-1306 Fax: (440) 639-1305

Salida Woods Assisted Living

7685 Lake Shore Boulevard, Mentor, OH 44060
(440) 257-3866 Fax: (440) 257-0074

Tapestry Senior Living Wickliffe – AL

28500 Euclid Ave, Wickliffe, OH 44092
(440) 373-9900

Van Gorder Manor

37819 Euclid Avenue, Willoughby, OH 44094
(440) 946-5213 Fax: (440) 942-0244

Vista Springs Quail Highlands

Assisted Living & Memory Care
7960 Auburn Road, Concord Twp, OH 44077
(330) 578-2806

Lorain County ●●●●●

Abbewood Assisted Living

1210 South Abbe Road, Elyria, OH 44035
(440) 366-8980 Fax: (440) 365-8461

Amherst Manor Retirement Community – AL/IL

175 North Lake Street, Amherst, OH 44001
(440) 988-1822 Fax: (440) 988-1873

Anchor Lodge Retirement Village – AL

3756 West Erie Avenue, Lorain, OH 44053
(440) 244-7695 Fax: (440) 989-4375

Autumn Aegis – IL

1130 Tower Boulevard, Lorain, OH 44053
(440) 989-5252 Fax: (440) 989-4369

Avenue Assisted Living

400 Community Drive, Avon Lake, OH 44012
(440) 930-6600 Fax: (440) 930-6704

Beachpark Tower—Apartment Community for 62+

33687 Lake Rd., Avon Lake, OH 44012
(440) 933-2233

ERC Senior Apartments

145 Academy Court, Elyria, OH 44035
(440) 322-2292

Elmcroft of Lorain

3290 Cooper Foster Park Road, Lorain, OH 44053
(440) 960-2813 Fax: (440) 960-2834

Elms Retirement Village – AL

115 Prospect Avenue, Wellington, OH 44090
(440) 647-7514 Fax: (440) 647-9004

The Gardens of French Creek at Avon Oaks

37800 French Creek Road, Avon, OH 44011
(440) 934-5204 Fax: (440) 934-6388

Independence Village of Avon Lake (IL,AL,MC)

345 Lear Road, Avon Lake, OH 44012

(440) 434-3873

www.independencevillages.com

Kendal at Oberlin

600 Kendal Drive, Oberlin, OH 44074
(440) 775-9811 Fax: (440) 775-9820

Kingston Residence of Vermilion

6010 West Lake Road, Vermilion OH 44089
(440) 967-2424

Life Care Center of Elyria – Skilled Nursing – Memory Unit

1212 South Abbe Road, Elyria, OH 44034
(440) 365-2500

Main Street/Towne Center – AL/IL

500 Community Drive, Avon Lake, OH 44012
(440) 930-6606 Fax: (440) 930-6649

St. Mary of the Woods

35755 Detroit Road, Avon, OH 44011
(440) 937-3111 Fax: (440) 937-2738

O’Neill Healthcare North Ridgeville

38600 Center Ridge Road, North Ridgeville, OH 44039
(440) 327-1295 Fax: (440) 353-0204

Towne Center Community Campus – AL/IL

500 Community Drive, Avon Lake, OH 44012
(440) 930-6600 F: (440) 930-2849

Weber Health Care, MRDD

214 Herrick Avenue E, Wellington, OH 44090
(440) 647-2088

Wesleyan Village

807 West Avenue, Elyria, OH 44035
(440) 284-9000 Fax: (440) 322-6954

Medina County ●●●●●

Creston Station—Apartment Community for 62+
227 Coulter St., Creston, OH 44217
(330) 435-4502

Elmcroft of Medina

1046 North Jefferson Street, Medina, OH 44256
(330) 764-3877 Fax: (330) 723-0742

Emeritus at Camelot Place

49a Leisure Lane, Medina, OH 44256
(330) 723-5825 Fax: (330) 722-7039

Emeritus at Medina

100 High Point Drive, Medina, OH 44256
(330) 723-0110 Fax: (330) 723-1030

Liberty Residence

1054 Freedom Drive, Wadsworth, OH 44281
(330) 334-3262 Fax: (330) 334-9713

Plum Creek Assisted Living

891 Marks Road, Brunswick, OH 44212
(330) 590-8003 Fax: (330) 239-6200

Samaritan Villa

809 East Washington Street, Medina, OH 44256
(330) 723-5716 Fax: (330) 723-2412

Wadsworth Pointe

540 Great Oaks Trail, Wadsworth, OH 44281
(330) 336-1141 Fax: (330) 334-0647

Western Reserve Masonic Community

4931 Nettleton Road, Medina, OH 44256
(330) 721-3000 Fax: (330) 721-3375

Portage County ●●●●●**The Atrium at Anna Maria**

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Brookdale Ravenna

141 Chestnut Hill Drive, Ravenna, OH 44266
(330) 227-8656

The Gardens At Liberty Park

9975 Greentree Parkway, Streetsboro, OH 44241
(330) 342-9100 Fax: (330) 342-9393

Inn at The Pines

18122 Claridon Troy Road, Hiram, OH 44234
(440) 834-0260 Fax: (440) 834-0399

Independence Village of Aurora (IL, AL)

505 S. Chillicothe Rd. Aurora, OH 44202

(330) 249-3717

www.independencevillages.com

Kentridge at Golden Pond

5241 Sunnybrook Road, Kent, OH 44240
(330) 677-4040

Summit County ●●●●●**American House Macedonia**

8400 S Bedford Rd., Macedonia, OH 44056
(330) 622-5610

Arden Courts Memory Care Community of Bath

171 N. Cleveland Massillon Road, Akron, OH 44333

(330) 668-6889 Fax: (330) 668-6242

www.arden-courts.com

The Briarwood Healthcare Community – AL

3700 Englewood Drive, Stow, OH 44224

(330) 688-1828 Fax: (330) 688-2071

www.thebriarwood.com

see display ad, color section, C12

Assisted/Independent Living and Group Homes

Brookdale Place of Bath – AL

101 N Cleveland Massillon Road, Akron, OH 44333
(330) 666-7011

Canterbury of Twinsburg

9928 Vail Drive, Twinsburg, OH 44087
(330) 405-6040 Fax: (330) 405-6041

Cardinal Retirement Village – AL

171 Graham Road, Cuyahoga Falls, OH 44223
(330) 928-7888

Chambrel at Montrose – AL

100 Brookmont Road, Akron, OH 44333
(855) 308-0781

Copley Place – IL

528 Rothrock Road, Akron, OH 44321
(330) 668-9670

Danbury Woods Assisted Living

1691 Queens Gate Circle, Cuyahoga Falls, OH 44221
(330) 940-3000

Elmcroft of Sagamore Hills

Assisted Living & Memory Care
997 West Aurora Road, Sagamore Hills, OH 44067
(330) 908-1166 Fax: (330) 908-1156

The Gables Of Hudson, Assisted Living

5400 Darrow Road, Hudson, OH 44236
(330) 653-9170

The Gables Of Kentridge, Assisted Living

5241 Sunnybrook Road, Kent, OH 44240
(330) 677-4040

The Gardens at Cuyahoga Falls

45 Chart Rd, Cuyahoga Falls, OH 44223
(330) 928-4500

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Assisted Living in private residential home
416 Silver Ridgr Drive, Copley OH 44321
(330) 858-9444

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Grande Village Retirement Community – AL/IL

2610 East Aurora Road, Twinsburg, OH 44087
(330) 486-6025 Fax: (330) 486-6005

Greenfield Estates – Alzheimer's Special Care Center 3522 Commercial Dr., Akron, OH 44333

(330) 664-1650
www.jeaseniorliving.com

Heritage Crossing

251 N. Cleveland Massillon Road, Akron, OH 44333
(330) 510-3110
www.meridiansenior.com

Heritage Place—Apartment Community for 62+

41 30th Street NW., Barberton, OH 44203
(330) 825-9464

The Landing of Stow

5511 Fishcreek Rd, Stow, OH 44224
(330) 839-9961

Maplewood At Cuyahoga Falls

Assisted Living & Memory Care
190 West Bath Road, Cuyahoga Falls, OH 44223
(855) 721-2426

Maplewood at Twinsburg

Assisted Living & Memory Care
2463 Sussex Blvd, Twinsburg, OH 44087
(330) 236-4343

St. Luke Lutheran Community – Portage Lakes – AL

615 Latham Lane, Akron, OH 44319
(330) 644-3914 Fax: (330) 245-7328

Stow Glen Retirement Village – IL

4285 Kent Rd, Stow, OH 44224
(330) 686-7100

Summit Point – AL / IL

9633 Valley View Rd, Macedonia, OH 44056
(330) 468-4200

Assisted/Independent Living and Group Homes

Towers At Summitt Ridge—Apartment Community for 62+
1111 Independence Ave., Akron, OH 44310
(330) 633-2272

Vitalia Senior Residence at Stow
4291 Allen Rd, Stow, OH 44224
(330) 922-3737

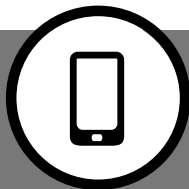
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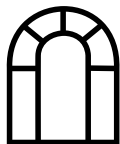
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Ashtabula County ●●●●●●

Andover Village Skilled Nursing & Rehabilitation

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www.AndoverVillageSNR.com

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Ashtabula County Medical Centre

2420 Lake Avenue, Ashtabula, OH 44004

(440) 997-6710

Ashtabula County Nursing Home

5740 Dibble Road, Kingsville, OH 44048

(440) 224-2161 Fax: (440) 224-2653

Austinburg Nursing and Rehab Center

2026 State Route 45, Austinburg, OH 44010

(440) 275-3019

Carington Park

2217 West Avenue, Ashtabula, OH 44004

(440) 964-8446

Country Club Retirement Center

925 E. 26th Street, Ashtabula, OH 44004

(440) 992-0022

Eagle Pointe Skilled Nursing & Rehabilitation

87 Staley Road, Orwell, OH 44076

(440) 437-7171 Fax: (440) 437-1086

Geneva Shores Nursing and Rehab

60 West Street, Geneva, OH 44041

(440) 466-1181 Fax: (440) 466-9165

Geneva Village Skilled Nursing & Rehabilitation

1140 South Broadway, Geneva, OH 44041

(440) 466-5809 Fax: (440) 466-0044

www.GenevaVillageSNR.com

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Grande Valley Country Manor

5165 State Rt. 322, Windsor, OH 44099

(440) 272-5600 Fax: (440) 272-5770

Jefferson Healthcare Center

222 E. Beech Street, Jefferson, OH 44047

(440) 576-0060 Fax: (440) 576-2112

Lake Pointe Rehabilitation and Nursing Center

22 Parrish Road, Conneaut, OH 44030

(440) 593-6266 Fax: (440) 593-6203

Park Haven Home

4533 Park Avenue, Ashtabula, OH 44004

(440) 992-9441 Fax: (440) 992-7592

Pine Grove Healthcare Center

840 Sherman Street, Geneva, OH 44041

(440) 415-0502 Fax: (440) 415-0504

Rae Ann Geneva

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(440) 243-7888 (Fax) 440-243-6883
www.accordcc.com

Algat Health Care
8902 Detroit Avenue, Cleveland, OH 44102
(216) 631-1550 Fax: (216) 631-2343

The Altenheim
18627 Shurmer Road, Strongsville, OH 44136
(440) 238-3361

Altercare of Mayfield Village
290 North Commons Boulevard, Mayfield Village, OH 44143
(440) 473-9411

Aristocrat Berea Skilled Nursing & Rehabilitation
255 Front Street, Berea, OH 44017
(440) 243-4000 Fax: (440) 891-3487

Aristocrat West Rehab and Health Center
4387 W. 150th Street, Cleveland, OH 44135
(216) 252-7730 Fax: (216) 688-3056

Avenue Care and Rehabilitation Center
4120 Interchange Corporate Center Road
Warrensville Heights, OH 44128
(216) 896-9900 Fax: (216) 896-0700
www.theavenuecarecenter.com
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Avenue at Broadview Heights
1201 Akins Road, Broadview Heights, OH 44147
(440) 457-2900

Beachwood Pointe Care Center
23900 Chagrin Boulevard, Beachwood, OH 44122
(216) 464-1000 Fax: (216) 591-9244

Berea Center
49 Sheldon Road, Berea, OH 44017
(440) 234-0454 Fax: (440) 234-0494

Braeview Care & Rehabilitation Center
20611 Euclid Avenue, Euclid, OH 44117
(216) 486-9300 Fax: (216) 486-2603
www.braeviewcare.com
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Broadview Multi-Care Center
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(216) 749-4010 Fax: (216) 778-6860

Candlewood Park
1835 Belmore Avenue, East Cleveland, OH 44112
(216) 268-3600 Fax: (216) 761-1322

Cedarwood Plaza
12504 Cedar Road, Cleveland, OH 44106
(216) 371-3600

Cityview Healthcare and Rehabilitation Center
6606 Carnegie Avenue, Cleveland, OH 44103
(216) 361-1414 Fax: (216) 361-0649

Crawford Manor Healthcare Center
1802 Crawford Road, Cleveland, OH 44106
(216) 795-5710 Fax: (216) 795-1105
www.saberhealth.com
see display ad, color section, C8

Crestmont North Nursing Home
13330 Detroit Avenue, Lakewood, OH 44107
(216) 228-9550 Fax: (216) 521-2121

Diplomat Healthcare
9001 W. 130th Street, North Royalton, OH 44133
(440) 237-3104 Fax: (440) 237-6730
www.saberhealth.com
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East Park Care Center
8 East Park Circle, Brook Park, OH 44142
(216) 267-7229 Fax: (216) 267-5022

Skilled Nursing / Nursing Homes

Eastbrook Healthcare Center
17322 Euclid Avenue, Cleveland, OH 44112
(216) 486-2280 Fax: (216) 383-9757

Elisabeth Severance Prentiss Center
3525 Scranton Road, Cleveland, OH 44109
(216) 957-8098 Fax: (216) 957-8096

Eliza Bryant Village
7201 Wade Park Avenue, Cleveland, OH 44103
(216) 361-6141

Eliza Jennings Health Campus
“SAIDO Learning” Alzheimer’s/Dementia Care
10603 Detroit Avenue, Cleveland, OH 44102
(216) 226-0282 Fax: (216) 226-8905
see display ad on page 115

Eliza Jennings Retirement Campus
at The Renaissance (CCRC)
26376 John Road, Olmsted Township, Ohio 44138
(440) 235-7100 Fax: (440) 235-7115
see display ad on page 96

Enniscourt Nursing Care
13315 Detroit Ave, Lakewood, OH 44107
(216) 226-3858 Fax: (216) 226-8344

Euclid Beach Healthcare
16101 Euclid Beach Boulevard, Cleveland, OH 44110
(216) 486-2300 Fax: (216) 486-7541

Euclid Subacute Care Center
18901 Lake Shore Boulevard, Euclid, OH 44119
(216) 692-8810

Fairfax Health Care Center
9014 Cedar Avenue, Cleveland, OH 44106
(216) 795-1363

Fairview Hospital Skilled Nursing Unit
18101 Lorain Avenue, Cleveland, OH 44111
(216) 476-4804 Fax: (216) 476-4802

Falling Water Healthcare Center
18840 Falling Water, Strongsville, OH 44136
(440) 238-1100

Skilled Nursing / Nursing Homes

Franklin Plaza Extended Care
3600 Franklin Boulevard, Cleveland, OH 44113
(216) 651-1600

Gateway Health Care Center – SNF & Long Term Care
3 Gateway Drive, Euclid, OH 44119
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Grande Oaks
24579 Broadway Avenue, Oakwood Village, OH 44146
(440) 439-7976 Fax: (440) 232-7113

Grande Pavilion
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(440) 439-1448 Fax: (440) 232-7138

Grande Pointe Healthcare
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(216) 261-9600 Fax: (216) 261-9662

Greenbrier Healthcare Center
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The Greens Care and Rehabilitation
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(440) 460-1000 Fax: (440) 461-5680
www.thegreensandfountains.com
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The Manor at Hamlet Village
150 Cleveland Street, Chagrin Falls, OH 44022
(440) 247-4200 Fax: (440) 247-7597

Hanna House Skilled Nursing Center
11100 Euclid Avenue, Cleveland, OH 44106
(216) 844-1262

Health Center at the Renaissance
26376 John Road, Olmsted Twp, OH 44138
(440) 235-7100

The Heights Rehabilitation & Healthcare
2801 E. Royalton Road, Broadview Heights, OH 44147
(440) 526-4770 Fax: (440) 526-0165
www.theheightsrehab.com
see display ad, color section, C31

Highland Pointe Health & Rehab Center
 402 Golf View Lane, Highland Heights, OH 44143
 (440) 207-0000

Hillside Plaza
18220 Euclid Avenue, Cleveland, OH 44112
(216) 486-6300
www.lhshealth.com
see Legacy Health ad, color section, C15

Homewood Residence at Richmond Heights
 562 Richmond Road, Richmond Heights, OH 44143
 (216) 291-8585 Fax: (216) 291-8590

Huntington Woods Care & Rehab Center
 27705 Westchester Parkway, Westlake, OH 44145
 (440) 835-5661 Fax: (440) 835-5662

Jennings Hall
 10204 Granger Road, Garfield Heights, OH 44125
 (216) 581-2900 Fax: (216) 581-4505

Joshua Tree Care Center – Skilled Nursing / Longterm Care
 27500 Mill Road, North Olmsted, OH 44070
 (440) 777-8444 Fax: (440) 777-5796

Judson Park, The Bruening Health Center
 2181 Ambleside Road, Cleveland, OH 44106
 (216) 791-2245

Lakewood Hospital Skilled Nursing
 14519 Detroit Avenue, Lakewood, OH 44107
 216) 529-7005 Fax: (216) 529-8426

Landerbrook Transitional Care
2108 Lander Rd, Mayfield Hts, OH 44124
(440) 443-0345
see display ad on page 116

Larchwood Village Rehabilitation Center
 4110 Rocky River Drive, Cleveland, OH 44135
 (216) 941-6100 Fax: (216) 377-7325

Life Care Center of Westlake – Memory Unit
 26520 Center Ridge Road, Westlake, OH 44145
 (440) 871-3030 Fax: (440) 871-3036

Lutheran Home at Concord Reserve
 2116 Dover Center Road, Westlake, OH 44145
 (440) 871-0090

ManorCare Health Services — Parma
 9055 West Sprague Road, Parma, OH 44133
 (440) 842-4967 Fax: (440) 842-5356

Mayfield Heights Healthcare
 6757 Mayfield Road, Mayfield Heights, OH 44124
 (440) 473-0090 Fax: (440) 473-1170

McGregor at Overlook
2187 Overlook Road, Cleveland, OH 44106
(216) 721-0935
www.mcgregoramasa.org
see display ad, color section, C35

McGregor Skilled Nursing Care
14900 Private Drive, East Cleveland, OH 44112
(216) 851-8200 Fax: (216) 851-6634
www.mcgregoramasa.org
see display ad, color section, C35

Menorah Park Center for Seniors
27100 Cedar Road, Beachwood, OH 44122
(216) 839-6633
www.menorahpark.org
see display ad on back cover

Metrohealth Center for Skilled Nursing — South
 4229 Pearl Road, Cleveland, OH 44109
 (216) 957-2000

Montefiore – Post Hospital Care
One David N. Myers Parkway, Beachwood, OH 44122
(216) 910-2202 Fax: (216) 910-2299
www.montefiorecare.org
see display ad, color section, C17

Mt. Alverna Home
6765 State Road, Parma, OH 44134
(440) 843-7800 Fax: (440) 843-7107
www.mountalvernavillage.org
see display ad on page 117

Mount Saint Joseph
21800 Chardon Road, Euclid, OH 44117
(216) 531-7426
www.mountstjoseph.net
see display ad on page 117

Normandy Care Center
22709 Lake Road, Rocky River, OH 44116
(440) 333-5400 Fax: (440) 356-8923
www.thenormandy.com

North Olmsted Healthcare
 23225 Lorain Road, North Olmsted, OH 44070
 (440) 779-6900

North Park Care Center
 14801 Holland Road, Brook Park, OH 44142
 (216) 803-1995 Fax: (219) 803-1999

Northfield Village Skilled Nursing & Rehabilitation
10267 Northfield Road, Northfield, OH 44067
(330) 468-1800
www.NorthfieldVillageSNR.com
see display ad, color section, C33

Northwestern Center
 570 North Rocky River Drive, Berea, OH 44017
 (440) 243-2122

Oaks of Brecksville
 8757 Brecksville Road, Brecksville, OH 44141
 (440) 546-0643 Fax: (440) 546-0727

Olmsted Manor Skilled Nursing
 27500 Mill Road, North Olmsted, OH 44070
 (440) 777-8444 Fax: (440) 777-5796

O'Neill Healthcare Bay Village
 605 Bradley Road, Bay Village, OH 44140
 (440) 871-3474 Fax: (440) 871-4743

O'Neill Healthcare Fairview Park
 20770 Lorain Road, Fairview Park, OH 44126
 (440) 331-0300 Fax: (440) 331-0301

O'Neill Healthcare Lakewood
 1381 Bunts Road, Cleveland, OH 44107
 (216) 228-7650 Fax: (216) 221-6569

O'Neill Healthcare North Olmsted
 4800 Clague Road, North Olmsted, OH 44070
 (440) 734-9933 Fax: (440) 716-5424

The Orchards of Westlake Living & Rehab Center
 4000 Crocker Road, Westlake, OH 44145
 (440) 892-2100 Fax: (440) 892-9299

Parkside Villa
7040 Hepburn Road, Middleburg Heights, OH 44130
(440) 260-7626
www.lhshealth.com
see Legacy Health ad, color section, C15

Parma Care Center
 Skilled Nursing & Rehabilitation
 5553 Broadview Road, Parma, OH 44134
 (216) 661-6800 Fax: (216) 661-6763

Parma Community Skilled Nursing Facility
 7007 Powers Boulevard, Parma, OH 44129
 (440) 743-4330 Fax: (440) 743-4388

The Pavilion
13900 Bennett Road, North Royalton, OH 44133
(440) 237-7966 Fax: (440) 237-2558
see display ad, color section, C19

Pleasant Lake Villa
7260 Ridge Road, Parma, OH 44129
(440) 842-2273 Fax: (440) 842-2396
www.lhshealth.com
see Legacy Health ad, color section, C15

Pleasantview Care Center
7377 Ridge Road, Parma, OH 44129
(440) 845-0200 Fax: (440) 845-8037
www.lhshealth.com
see display ads, color section, C5 and C15 (Legacy Health)

Rae Ann Suburban
 29505 Detroit Road, Westlake, OH 44145
 (440) 871-5181 Fax: (440) 871-5686

Rae-Ann Westlake
 28303 Detroit Road, Westlake, Oh 44145
 (440) 871-0500 Fax: (440) 871-4668

Riverview Pointe Care Center
 9027 Columbia Road, Olmsted Falls, OH 44138
 (440) 427-8884 Fax: (440) 427-8200

Rocky River Gardens
 4102 Rocky River Drive, Cleveland, OH 44135
 (216) 251-0201

Royal Oak Nursing & Rehab Center
 6973 Pearl Road, Middleburg Heights, OH 44130
 (440) 884-9191 Fax: (440) 884-5811

Saint Angela Center
 2600 Lander Road, Pepper Pike, OH 44124
 (440) 449-1200 Fax: (440) 449-3588

St. Augustine Health Campus
 7801 Detroit Avenue, Cleveland, OH 44102
 (216) 634-7400

Select Specialty Hospital
 11900 Fairhill Road, Cleveland, OH 44120
 (216) 983-8011

Seven Hills Health and Rehabilitation Center
819 Rockside Road, Seven Hills, OH 44131
(216) 658-3900 Fax: (216) 658-3910
www.saberhealth.com
see display ad, color section, C6

Shaker Gardens Nursing & Rehab Center
 3550 Northfield Road, Shaker Heights, OH 44122
 (216) 752-5600 Fax: (216) 752-8133

Singleton Health Care Center
1867 East 82nd Street, Cleveland, OH 44103
(216) 231-8467 Fax: (216) 231-1761
see display ad on page 118

The Slovene Home Skilled Care & Rehabilitation
18621 Neff Road, Cleveland, OH 44103
(216) 486-0268 Fax: (216) 481-3771
www.slovenehome.org
see display ad, color section, C19

Solon Pointe
 5625 Emerald Ridge Parkway, Solon, OH 44139
 (440) 498-3000 Fax: (440) 498-8257

Southern Hills Skilled Nursing & Rehab
19530 Bagley Road, Middleburg Heights, OH 44130
(440) 816-7500 Fax: (440) 816-7510
www.southernhillsnursing.com
see display ad, color section, C16

Southwest General Orthopedic Joint & Spine Skilled
 18697 Bagley Road, Middleburg Heights, OH 44130
 (440) 816-8673

Stratford Care and Rehabilitation
7000 Cochran Road, Glenwillow, OH 44139
(440) 914-0900 Fax: (440) 914-7494
www.stratfordcare.com
see display ad, color section, C30

Suburban Healthcare and Rehabilitation
 20265 Emery Road, Cleveland, OH 44128
 (216) 475-8880 Fax: (216) 584-2892

Sunrise Pointe Care and Rehabilitation Center
 19900 Clare Ave. Maple Hts., OH 44137
 (216) 662-3343 Fax: (216) 662-1887
 www.phxhealthohio.com
 see display ad, color section, Phoenix Health, C13

University Manor Health Care Center
 2186 Ambleside Road, Cleveland, OH 44106
 (216) 721-1400 Fax: (216) 721-5640
 www.saberhealth.com
 see display ad, color section, C8

Villa St. Joseph
 5200 Marymount Village Dr, Garfield Heights, OH 44125
 (216) 332-1100 Fax: (216) 662-9286

Walton Manor Health Care Center
 19859 Alexander Road, Walton Hills, OH 44146
 (440) 439-4433 Fax: (440) 439-0691
 www.saberhealth.com
 see display ad, color section, C9

The Welsh Home
 22199 Center Ridge Road, Rocky River, OH 44116
 (440) 331-0420 Fax: (440) 331-1178

West Bay Care and Rehab Center
 27601 Westchester Parkway, Westlake, OH 44145
 (440) 871-5900 Fax: (440) 871-5918

Westlake Village Care Center
 28450 Westlake Village Drive, Westlake, OH 44145
 (440) 892-6200 Fax: (440) 892-4576

Westpark Neurology and Rehabilitation Center
 4401 W. 150th Street, Cleveland, OH 44135
 (216) 252-7555 Fax: (216) 251-5886

Willow Park Nursing & Rehab Center
 18810 Harvard Avenue, Cleveland, OH 44122
 (216) 752-3600 Fax: (216) 752-1064

The Willows Health and Rehab Center
 1500 E 191st Street, Euclid, OH 44117
 (216) 486-8880
 www.saberhealth.com
 see display ad, color section, C9

Geauga County ●●●●●

Blossom Hill Health Care Residence
 12496 Princeton Road, Huntsburg, OH 44046
 (440) 635-5567 Fax: (440) 636-5601

Briar Hill Health Care Residence (VA Contract)
 15950 Pierce Street, Middlefield, OH 44062
 (440) 632-5241 Fax: (440) 632-9362

Burton Health Care Center
 14095 E. Center Street, Burton, OH 44021
 (440) 834-1084 Fax: (440) 834-4710

Chardon Center
 620 Water Street, Chardon, OH 44024
 (440) 285-9400 Fax: (440) 285-9378

Heather Hill Care Communities
 12340 Bass Lake Road, Chardon, OH 44024
 (440) 285-4040 Fax: (440) 285-7743

Holly Hill Health Care Residence
 10190 Fairmount Road, Newbury, OH 44065
 (440) 338-8220 Fax: (440) 338-6173

Mapleview Country Villa
 775 South Street, Chardon, OH 44024
 (440) 286-8176
 www.lhshealth.com
 see Legacy Health ad, color section, C15

The Weils Skilled Nursing and Rehab Center
A Montefiore Senior Community
 16695 Chillicothe Road, Chagrin Falls, OH 44023
 (216) 910-2202 Fax: (216) 910-2299
 www.theweils.org
 see display ad, color section, C17 & C25

Lake County ●●●●●

Altercare of Mentor

9901 Johnnycake Ridge Road, Mentor, OH 44060
(440) 357-7900 Fax: (440) 357-1538

Broadfield Care Center

7927 Middle Ridge Road, Madison, OH 44057
(440) 466-3702 Fax: (440) 466-7287

Cardinal Woods Skilled Nursing & Rehab Center

6831 Chapel Road, Madison, OH 44057
(440) 428-5103 Fax: (440) 428-9003

Concord Village Skilled Nursing & Rehabilitation

**10955 Capital Parkway, Concord Township, OH 44077
(440) 709-1111**

www.ConcordVillageSNR.com

see display ad, color section, C33

Fairmount Health and Rehabilitation of Breckenridge Village

36855 Ridge Road, Willoughby, OH 44094
(440) 942-4342 Fax: (440) 942-4150

Grand River

1515 Brookstone Blvd, Painesville, OH 44077
(440) 551-9899

Heartland of Mentor

8200 Mentor Hills Drive, Mentor, OH 44060
(440) 256-1496 Fax: (440) 256-4935

Heartland of Willoughby

37603 Euclid Avenue, Willoughby, OH 44094
(440) 951-5551 Fax: (440) 951-1914

Homestead II

60 Wood Street, Painesville, OH 44077
(440) 352-0788 Fax: (440) 352-2977

Kirtland Rehabilitation and Care

**9685 Chillicothe Rd, Kirtland, OH 44094
(440) 256-8100**

www.kirtlandrehab.com

see display ad, color section, C24

LakeMed Care and Rehabilitation

**70 Normandy Drive, Painesville, OH 44077
(440) 357-1311 Fax #: (440) 357-1299**

www.lakemedcare.com

see display ad, color section, C18

Madison Health Care

7600 S. Ridge Road, Madison, OH 44057
(440) 428-1492 Fax: (440) 428-8698

Mentor Ridge Health and Rehabilitation

8151 Norton Parkway, Mentor OH 44060
(440) 299-5500

Mentor Woods Nursing & Rehab Center

8881 Schaefer Street, Mentor, OH 44060
(440) 255-9309 Fax: (440) 205-9120

Wickliffe Country Place

**1919 Bishop Road, Wickliffe, OH 44092
(440) 944-9400 Fax: (440) 944-0955**

www.lhshealth.com

see Legacy Health ad, color section, C15

Lorain County ●●●●●

Amherst Manor Retirement Community

175 N Lake Street, Amherst, OH 44001
(440) 988-4415 Fax: (440) 988-5612

Anchor Lodge Retirement Village

3756 W Erie Avenue, Lorain, OH 44053
(440) 244-2019 Fax: (440) 989-4375

Autumn Aegis Retirement Community

1130 Tower Blvd, Lorain, OH 44052
(440) 282-6768 Fax: (440) 960-5612

Avon Oaks

37800 French Creek, Avon, OH 44011
(440) 934-5204 Fax: (440) 934-4787

Avon Place

32900 Detroit Road, Avon, OH 44011
(440) 937-6201 Fax: (440) 937-5955

Skilled Nursing / Nursing Homes

Elms Retirement Village

136 S Main Street, Wellington, OH 44090
(440) 647-2414 Fax: (440) 647-9004

Kendal At Oberlin

600 Kendal Drive, Oberlin, OH 44074
(800) 548-9469

Keystone Pointe Health and Rehabilitation Center

383 Opportunity Way, Lagrange, OH 44050
(440) 355-4616

Kingston of Vermilion

4210 Telegraph Lane, Vermilion, OH 44089
(440) 967-1800

Lake Pointe Health Center

3364 Kolbe Road, Lorain, OH 44053
(440) 282-2244 Fax: (440) 282-2280

Life Care Centers of Elyria – Alzheimer's Unit

1212 South Abbe Road, Elyria, OH 44034
(440) 365-5200

The Northridge Health Center

35990 Westminster Avenue, North Ridgeville, OH 44039
(440) 327-8511

Oak Hills Nursing & Rehabilitation

3650 Beavercrest Drive, Lorain, OH 44053
(440) 282-9171 Fax (440) 282-7723

O'Neill Healthcare North Ridgeville

38600 Center Ridge Road, North Ridgeville, OH 44039
(440) 327-1295 Fax: (440) 353-0204

St. Mary of the Woods

35755 Detroit Road, Avon, OH 44011
(440) 937-3111 Fax: (440) 937-2738
www.stmaryofthewoods.com
see display ad on page 116

Towne Center Community Campus

500 Community Drive, Avon Lake, OH 44012
(440) 930-6600 Fax: (440) 930-2849

Skilled Nursing / Nursing Homes

The Villa Camillus Nursing & Rehabilitation Center

10515 East River Road, Columbia Station, OH
(440) 236-5091, (440) 236-8493

Weber Health Care, MRDD

214 Herrick Avenue E, Wellington, OH 44090
(440) 647-2088

Welcome Nursing Home

417 South Main Street, Oberlin, OH 44074
(440) 775-1491

Wesleyan Village

807 West Avenue, Elyria, OH 44035
(440) 284-9207 Fax: (440) 322-6954

The Woods on French Creek Health & Rehabilitation Center

37845 Colorado Avenue, Avon, OH 44011
(440) 695-1400

Medina County ●●●●●

Altercare of Wadsworth

147 Garfield Street, Wadsworth, OH 44281
(330) 335-2555 Fax: (330) 336-7220

Autumnwood Nursing & Rehabilitation

275 E. Sunset Drive, Rittman, OH 44270
(330) 927-2060 Fax: (330) 927-4501

Avenue Care & Rehabilitation Center

699 East Smith Road, Medina, OH 44256
(330) 721-7001

Brunswick Pointe

4355 Laurel Road, Brunswick, OH 44212
(330) 741-8000

Life Care Center of Medina

2400 Columbia Road, Medina, OH 44256
(330) 483-3131 Fax: (330) 483-3132

Meadowview Healthcare Center

76 N. High Street, Seville, OH 44273
(330) 769-2015 Fax: (330) 769-3790

Medina Meadows Rehab and Nursing Centre
550 Miner Drive, Medina, OH 44256
(330) 725-1550 Fax: (330) 725-8322
www.embassyhealthcare.net

Pearlview Rehab & Wellness Center
 4426 Homestead Drive, Brunswick, OH 44212
 (330) 225-9121 Fax: (330) 220-5536

Samaritan Care Center
 806 E. Washington Street, Medina, OH 44256
 (330) 725-4123

Sanctuary Medina
 555 Springbrook Drive, Medina, OH 44256
 (330) 725-3393 Fax: (330) 722-0850

Sanctuary Wadsworth
 365 Johnson Road, Wadsworth, OH 44281
 (330) 335-1558

Wadsworth Pointe
 540 Great Oaks Trail, Wadsworth, OH 44281
 (330) 336-1141 Fax: (330) 334-0647

Western Reserve Masonic Community
 4931 Nettleton Road, Medina, OH 44256
 (330) 721-3000 Fax: (330) 721-3375

Willowood Care Center of Brunswick
 1186 Hadcock Road, Brunswick, OH 44212
 (330) 225-3156 Fax: (330) 273-4876

Portage County ●●●●●

Anna Maria Nursing and Rehab
 889 North Aurora Road, Aurora, OH 44202
 (330) 562-6171 Fax: (330) 562-3572

The Arbors at Streetsboro
1645 Maplewood Drive, Streetsboro, OH 44241
(330) 626-3031
see display ad, color section, C21

Aurora Manor Skilled Nursing and Rehabilitation
 101 S. Bissell Road, Aurora, OH 44202
 (440) 424-4000 Fax: (330) 562-6382

Avenue at Aurora
 425 S Chilliocothe Road, Aurora, OH 44202
 (330) 995-0094

Kent Healthcare and Rehabilitation
 1290 Fairchild Avenue, Kent, OH 44240
 (330) 678-4912 Fax: (330) 678-1040

Longmeadow Care Center
 565 Bryn Mawr Street, Ravenna, OH 44266
 (330) 297-5781

Summit County ●●●●●

Altercare of Cuyahoga Falls
 2728 Bailey Road, Cuyahoga Falls, OH 44221
 (330) 929-4231

The Arbors at Fairlawn
575 S. Cleveland Massillon Road, Fairlawn, OH 44333
(330) 666-5866
see display ad, color section, C22

The Arbors at Stow
2910 L'ermitage Place, Stow, OH 44224
(330) 688-1188 Fax: (330) 688-1278
see display ad, color section, C22

Avenue at Macedonia
 9370 Valley View Rd., Macedonia, OH 44056
 (330) 748-8800

Bath Manor Special Care Centre
 2330 Smith Road, Akron, OH 44333
 (330) 836-1006

Blue Stream Rehab
 4360 Brecksville Road, Richfield, OH 44286
 (330) 659-6166 Fax: (330) 659-2944

Brentwood Health Care Center
 907 W. Aurora Road, Sagamore Hills, OH 44067
 (330) 468-2273 Fax: (330) 468-0753

The Briarwood Healthcare Community
3700 Englewood Drive, Stow, OH 44224
(330) 688-1828 Fax: (330) 688-2071
www.thebriarwood.com
see display ad, color section, C12

Canal Pointe Nursing & Rehab Center
 145 Olive Street, Akron, OH 44310
 (330) 762-0901 Fax: (330) 762-0905

Canterbury Twinsburg
 9928 Vail Drive, Twinsburg, OH 44087
 (330) 405-6040 Fax: (330) 405-6041

Copley Health Center
 155 Heritage Woods Drive, Copley, OH 44321
 (330) 666-0980 Fax: (330) 666-5585

Crown Center at Laurel Lake
 200 Laurel Lake Drive, Hudson, OH 44236
 (330) 650-0681 Fax: (330) 655-1701

Essex Healthcare of Tallmadge
 563 Colony Park Drive, Tallmadge, OH 44278
 (330) 630-9780 Fax: (330) 630-0928

Falls Village Skilled Nursing & Rehabilitation
330 Broadway East, Cuyahoga Falls, OH 44221
(330) 945-9797 Fax: (330) 920-6477
www.FallsVillageSNR.com

Grande Village
 2610 East Aurora Road, Twinsburg, OH 44087
 (330) 963-3600 Fax: (330) 963-6070

Green Village Skilled Nursing & Rehabilitation
708 Moore Road, Akron OH 44319
(330) 409-0345
www.GreenVillageSNR.com

Heartland of Twinsburg
 2425 Highland Road, Twinsburg, OH 44087
 (330) 486-9402 Fax: (330) 486-1326

Heather Knoll Retirement Village
 1134 North Avenue, Tallmadge, OH 44278
 (330) 688-8600 Fax: (330) 688-8495

Heritage of Hudson
 1212 Barlow Road, Hudson, OH 44236
 (330) 650-0023

Hickory Ridge Nursing & Rehab Center
 721 Hickory Street, Akron, OH 44303
 (330) 762-6486 Fax: (330) 762-3517

Hudson Elms Nursing Home
 563 W. Streetsboro Road, Hudson, OH 44236
 (330) 650-0436 Fax: (330) 650-6096

Lorantffy Care Center
 2631 Copley Road, Akron, OH 44321
 (330) 666-2631 Fax: (330) 666-2637

Akron Healthcare
 1211 W. Market Street, Akron, OH 44313
 (330) 867-8530

ManorCare Health Services — Barberton
 85 Third Street SE, Barberton, OH 44203
 (330) 753-5005 Fax: (330) 753-0820

The Merriman of Akron
 209 Merriman Road, Akron, OH 44303
 (330) 762-9341 Fax: (330) 761-6782

Northfield Village Skilled Nursing & Rehabilitation
10267 Northfield Road, Northfield, OH 44067
(330) 468-1800
www.NorthfieldVillageSNR.com
see display ad, color section, C33

Pebble Creek
 670 Jarvis Road, Akron, OH 44319
 (330) 645-0200 Fax: (330) 645-0316

The Pinnacle Rehabilitation and Nursing Center
330 Southwest Avenue, Tallmadge, OH 44278
(330) 633-0555 Fax: (330) 633-5012
see display ad, color section, C29

Pleasant View Health Care Center
 401 Snyder Avenue, Barberton, OH 44203
 (330) 745-6028 Fax: (330) 745-7923

Skilled Nursing / Nursing Homes

Regina Health Center — Mount Augustine
5232 Broadview Road, Richfield, OH 44286
(330) 659-4161 Fax: (330) 659-5113

Ridgewood Healthcare Center
3558 Ridgewood Road, Akron, OH 44313
(330) 666-3776 Fax: (330) 665-3372

Rockynol Retirement Community
1150 W Market Street, Akron, OH 44313
(330) 867-2150 Fax: (330) 867-1642

St. Luke Lutheran Community — Portage Lakes
615 Latham Lane, Akron, OH 44319
(330) 644-3914 Fax: (330) 245-7328

Seasons Nursing And Rehab
456 Seasons Road, Stow, OH 44224
(330) 688-5553 Fax: (330) 688-6173

Stow Glen Health Care Center
4285 Kent Road, Stow, OH 44224
(330) 686-2545

Summa Barberton Hosp Trans Care Services Unit
155 Fifth Street NE, Barberton, OH 44203
(330) 745-1611

Summit Transitional Care Unit
444 North Main Street, Akron, OH 44310
(330) 379-9567 Fax: (330) 379-9568

Sumner on Ridgewood
970 Sumner Parkway, Copley, OH 44321
(330) 664-1000 Fax: (330) 665-9556

Traditions at Bath Road
300 East Bath Road, Cuyahoga Falls, OH
(330) 929-6272 Fax: (330) 945-3404

University Park Nursing & Rehabilitation
797 E. Market Street, Akron, OH 44305
(330) 434-4514 Fax: (330) 996-7541

Village at St. Edward Nursing Care
3131 Smith Road, Fairlawn, OH 44333
(330) 666-1183 Fax: (330) 666-2721

Skilled Nursing / Nursing Homes

Wayside Farm
4557 Quick Road, Peninsula, OH 44264
(330) 923-7828 Fax: (330) 923-1201

Windsong Care Center
120 Brookmont Road, Akron, OH 44333
(330) 666-7373 Fax: (330) 666-7595
www.phxhealthohio.com
see display ad, color section, Phoenix Health, C13

Wyant Woods Care Center
200 Wyant Road, Akron, OH 44313
(330) 836-7953 Fax: (330) 836-6806

Other Ohio Locations ●●●●●

Two advertisers are outside of the eight-county area traditionally served by our Guide. They are:

The Arbors at Mifflin (Richland County)
1600 Crider Road, Mansfield, OH 44903
(419) 589-7611
see display ad, color section, C23

The Arbors at Oregon (Lucas County)
904 Isaac Streets Drive, Oregon, OH 43616
(419) 691-2483
see display ad, color section, C23



Associations / Networking Groups for Providers of Senior Health Care and Services

Those who provide services to seniors benefit when they keep abreast of what is being offered throughout the community. They also need to keep on top of changes in federal and state guidelines, Medicare and Medicaid rules, advances in the treatment of Alzheimer's and other chronic conditions, and much more. A number of "networking groups/associations" have been created in Northeast Ohio to provide this current information.

The information that follows is a brief description of some of these local groups, their contact information, and meeting dates (topics of discussion).

Please remember that this information is intended for professionals within the fields of senior care. You should utilize the contact information provided to see about attending a meeting as a guest or becoming a member before you attend one of their gatherings. Please also keep in mind that all meeting information was current at press time, but subject to change.



Aging Services Network East (ASNE)

The Aging Services Network East is an organization of providers concerned with the issues of aging and committed to quality care for the local community.

The purpose of our affiliation is to enhance the service delivery systems through a continuum of care to better serve the senior community.

ASNE members engage in educational activities for members and the community; advocacy on aging issues, networking for members and the general community; and sponsorship of programs directly serving older adults.

Membership is open to service providers, professionals and organizations that serve older adults in the Northeastern Ohio area. All applications are board approved.

For more information about ASNE please log onto asne.wildapricot.org

ASNE Meeting Schedule

Meetings are generally the first Tuesday of the month at Euclid Hospital Waltz Auditorium. Networking begins at 8:30 and the Meeting begins at 9:00am. We also have special events including the 2020 "Hop on the Bus" tour. Additional information and membership enrollment can be found at the web site noted above.

January 7, 2020, Networking Icebreaker

February 4, 2020, Overview of Patient Driven Payment Model
Jennifer Leatherbarrow – Richter Health Consultants

March 3, 2020, Understanding the Ohio Medical Marijuana Law
Tracy Dwyer – Bloom Medicinals

April 7, 2020, Bioethics in Aging
Sharon Feldman – Cleveland Clinic

ASNE Meeting Schedule—continued

May 5, 2020, TBD

September 1, 2020, TBD

June 2, 2020, TBD

October 6, 2020,, TBD

July 2020 Picnic

November 3, 2020, TBD

Location and Date TBD

December Holiday Party

August 4, 2020, TBD

Location and Date TBD



The Association of Specialists in Aging (ASA)

ASA is an organization of healthcare providers in Northeast Ohio who work in the elder care industry. ASA members are nurses, social workers, marketing directors, senior center coordinators, program coordinators and facility owners working in small group homes, assisted living facilities, nursing homes, hospitals, non-profit agencies, home healthcare agencies, hospice agencies, as well as financial and legal service companies for seniors. The mission of ASA is to strengthen the professionalism among those who have chosen to promote the well-being of older persons in Lake, Geauga, Ashtabula and eastern Cuyahoga counties by increasing the awareness of aging as a specialized field and by facilitating change for the improvement of life of older persons. Our vision statement is to have a coordinated network of successful professional relationships that promote the well-being of older adults by providing its membership the opportunity to network, learn and serve.

(440) 954-4320 • www.ASANE0.org
P.O. Box 146, Painesville, OH 44077

ASA Meeting Schedule

Meetings are held the last Thursday of each month at the Mentor Senior Center, 8484 Munson Road from 8:30 a.m. – 10:00 a.m.



CARE Coalition NEO

Mission: C.A.R.E. — Collaboration. Advocates. Resources. Education.

This group is open to all healthcare providers/facilitators/representatives that serve the citizens of Northeast Ohio. The goal is to unite and engage healthcare professionals to more effectively and efficiently provide quality patient care, improve outcomes, and cultivate collaborative processes among the many different channels of healthcare delivery today through a panel discussion platform. No membership fees. Contact Frank Gonzalez-Abreu at fgonzalez@condi.com to be included in the email distribution list.

Meeting Schedule

Networking 8:00-8:30am • **Panel Discussion** 8:30 - 9:30am
Locations & topics vary, please see contact info above for additional meeting details.



Eldercare Professionals of Ohio (EPO)

Networking for professionals in the field of aging promotes comprehensive care for older adults. Caregivers can search our network of professionals and locate programs and services to fulfill the needs of their loved ones.

Geriatric Care Management services (located in Cleveland) specializes in resource and referral services for professionals and caregivers. The award-winning networking division offers two monthly meetings (on the East and West Sides of Cleveland).

Especially for Providers of Senior Services

Eldercare Professionals of Ohio
6825 Laurel Trace, Middleburg Hts, OH 44130
(440) 212-4987
eldercareofohio.com
info@eldercareofohio.com

EPO West Side Meeting Schedule

Members are FREE, Visitors pay \$15 at the door
Schedule is subject to change; check the website noted
above for additional details

January 10, 2020

Southwest General Hospital, 18697 Bagley Rd, Middleburg Hts 44130

February 14, 2020

Arden Courts Parma, 9205 W. Sprague Rd, Parma 44133

March 13, 2020

St. Augustine Health Campus, 7801 Detroit Ave, Cleveland 44102

April 10, 2020

Royalton Woods Assisted Living, 14277 State Rd, North Royalton 44133

May 8, 2020

Generations Senior Living of Berea, 4 Berea Commons, Berea 44017

June 12, 2020

Leimkuehler Inc., 4625 Detroit Ave, Cleveland 44102

July 10, 2020

Embassy Royal Oak Skilled Nursing & Rehab
6973 Pearl Rd, Middleburg Hts 44130

August 14, 2020

The Harbor Court, 22900 Center Ridge Rd, Rocky River 44116

September 11, 2020

Home Instead Senior Care, 2000 Snow Rd, Suite 7, Parma 44130

October 9, 2020

Symphony at Olmsted Falls, 25880 Elm St, Olmsted Falls 44138

November 20, 2020

(Combined event with East-side)

Cornerstone of Hope, 5905 Brecksville Rd, Cleveland, OH 44131

Especially for Providers of Senior Services

EPO East Side Meeting Schedule

Members are FREE, Visitors pay \$15 at the door
Schedule is subject to change; check the website noted
above for additional details

January 24, 2020

The Gardens at Liberty Park
9975 Greentree Pkwy, Streetsboro 44240

February 28, 2020

Chippewa Place, 7005 Stadium Dr, Brecksville 44141

March 27, 2020

Suburban Healthcare and Rehabilitation
20265 Emery Rd, Warrensville Hts 44128

April 24, 2020

Salida Woods Assisted Living, 7685 Lakeshore Blvd, Mentor 44060

May 22, 2020

Tapestry Senior Living Wickliffe, 28500 Euclid Ave, Wickliffe 44092

June 26, 2020

Symphony at Mentor, 8155 Mentor Hills, Mentor 44060

July 24, 2020

Arden Courts Chagrin Falls
8100 E Washington St, Chagrin Falls 44023

August 28, 2020

Rose Senior Living Beachwood
23611 Harvard Rd, Beachwood 44122

September 25, 2020

Crossroads Hospice & Palliative Care
9775 Rockside Rd, Suite 270, Valley View 44125

October 23, 2020

Beachwood Commons, 3995 South Green Rd, Beachwood 44122

November 20, 2020

(Combined event with West-side)

Cornerstone of Hope, 5905 Brecksville Rd, Cleveland 44131

Medina County Senior Service Network (MCSSN)

Our mission is to develop and coordinate a network of care and resources for older adults in Medina County.

Medina County Senior Service Network
P.O. Box 1788 • Medina, OH 44258
medinaseniorservices.org

Meeting Schedule:

Meeting times are Wednesdays, 8:00–9:30 a.m.

Meeting locations not available at press time.

January 8, 2020	July 8, 2020
February 12, 2020	August 8, 2020
March 11, 2020	September 9, 2020
April 8, 2020	October 14, 2020
May 13, 2020	November 11, 2020
June 10, 2020	December 9, 2020



PASS (Geauga County)

The group known as PASS (Professional Association Specializing in Seniors) seeks to establish and coordinate opportunities for professionals working with senior citizens in Geauga County.

For more information, please contact:
kstone@co.geauga.oh.us

PASS Meeting Schedule

PASS Meetings are the third Wednesday of each month and run from 8:30 to 10:00 a.m.

January 15, 2020
Host: Lantern of Chagrin Valley, 5277 Chillicothe Rd, Chagrin 44023
Spotlight Sponsor: Qmedic Health Medical Alert

February 19, 2020
Host: The Weils of Bainbridge, 16695 Chillicothe Rd, Chagrin 44023
Spotlight Sponsor: Center for Geriatric Psychiatry Lake Health

March 18, 2020
Host: Ohman Family Living at Holly Hill, 10190 Fairmount Rd, Newbury 44065
Spotlight Sponsor: North Coast Residential Relocation Services

April 15, 2020
Host: Thistle House, 526 Water St, Chardon 44024
Spotlight Sponsor: Care Patrol

May 20, 2020
Host: Heather Hill, 12340 Bass Lake Rd, Chardon 44024
Spotlight Sponsor: CarePlan

June 17, 2020
Host: Mapleview Country Villa, 775 South St, Chardon 44024
Spotlight Sponsor: Geauga County Job & Family Services

July 15, 2020
Host: Geauga Co Dept Aging, 12555 Ravenwood Dr, Chardon 44024
Spotlight Sponsor: Residence Home Care

August 19, 2020
Host: Notre Dame Village, 10950 Pine Grove Tr, Chardon 44024
Spotlight Sponsor: Chardon Healthcare

September 16, 2020
Host: Laurels of Chagrin, 150 Cleveland St, Chagrin 44022
Spotlight Sponsor: Cherished Companions

October 21, 2020
Host: Inn at the Pines, 18144 Claridon Troy Rd, Hiram 44234
Spotlight Sponsor: Elara Hospice

November 18, 2020
Host: Hamlet at Chagrin Falls (Atrium), 200 Hamlet Hills Dr, Chagrin 44022
Spotlight Sponsor: Grace Hospice

December 9, 2020
Host: Maplewood at Chardon, 12350 Bass Lake Rd, Chardon 44024
Spotlight Sponsor: Home Instead Senior Care
Join us for wrapping/delivering for *Be A Santa to a Senior*

Professional Networking Group (PNG)

The Professional Networking Group is an organization of service providers in the field of elder care that offers opportunities to establish solid foundations and relationship within the community. Professional Networking Group will enhance the cooperative efforts of organizations to improve referral for seniors while enhancing professional growth for members.

www.PNGCleveland.com • PNGCleveland@gmail.com
P.O. Box 43, Chesterland, Ohio 44026

PNG Meeting Schedule

Meetings run from approximately 8:30 a.m. to 10:00 a.m.
 unless otherwise noted.

H: Host **SP:** Sponsor **T/S:** Topic and Speaker

January 28, 2020

H: Vista Springs Ravinia, 6046 Brecksville Rd, Independence 44131
 (216) 232-4900

SP: Bemer, Patricia Murphy

SP: Comfort Keepers, Sally Goss

T/S: 10 Warning Signs of Alzheimer's, The Alzheimer's Association

February 25, 2020

H: Landerbrook Transitional Care, 2108 Lander Rd, Mayfield Hts,
 44124 • (440) 443-0345

SP: Alert Care, Kent Bondi

SP: Caring Senior Choices, Cindy Cardwell

T/S: Planning for a Disabled Child in the House of an Older Adult,
 Jim Koewler

March 24, 2020

H: The Avenue at Broadview Heights, 1201 Akins Rd, Broadview Hts
 44147 • (440) 457-2900

SP: Daniel Seink, Kathy Cline

SP: Smooth Transitions, Laura Armbruster

T/S: TBD, Panel Discussion

April 28, 2020

H: Atrium at Anna Maria, 800 N. Aurora Rd, Aurora 44202
 (330) 562-0600

SP: Kaz. Company, Kathy Hirko

SP: ComforCare, Maria Dubnicka

T/S: Ethics and Marijuana, Dr. Jim Collins

May 2020 — Spring Break, No Meeting

June 23, 2020 • 4-6 p.m.

H: The Gathering Place, 23300 Commerce Park, Beachwood 44122
 (216) 595-9546

Bring a Friend • \$10/person donation to The Gathering Place

July 28, 2020 • 12–2 p.m. • 15th Annual Picnic

Sagamore Hills Pavilion, 11551 Valley View Rd., Sagamore Hills 44067

Bring a Friend • \$5/person donation to PNG

August 2020 — Summer Break, No Meeting

September 22, 2020 • 2021 Planning Meeting

H: Northfield Village Skilled Nursing & Rehab, 10267 Northfield Rd
 Northfield 44067 • (330) 468-1800

Bring your ideas and suggestions

October 27, 2020 • Networking Meeting

H: Stratford Commons Assisted Living, 7000 Cochran Rd, Solon
 44139 • (440) 914-0900

Bring plenty of business cards

November 24, 2020

H: Benjamin Rose Institute on Aging, 11890 Fairhill Rd, Cleveland
 44120 • (216) 791-8000

SP: ESOP, Mary Norris-Pack

SP: Foundations Health, Rebecca Moore

T/S: Benjamin Rose Institute, Jennifer Salkin

December 8, 2020 • Holiday Gathering • Time TBD

H: TBD

\$10/person donation **OR** \$10 of paper products for the
 Emergency Asst Center

Summit Senior Network

Our purpose is to develop, coordinate, support and advocate for a community network of care for the elderly in Summit County Ohio.

Our membership is open to all service providers that offer some type of health care, social or support services to residents in Summit County Ohio who are age 55+.

Our current members are a variety of advocacy services, senior centers, home health care services, adult day services, extended care facilities, institutions and non-profit organizations.

Meetings are held the 4th Tuesday of the month.

Meeting Location:

Kucko, Anthony Kertesz Funeral Home
Meeting Room
1990 South Main Street
Akron, Ohio 44301

Networking begins at 8:00 a.m.
Meeting begins at 8:30 a.m.

For additional information, please contact Jim Koewler
summitssnannouncements@ohiomedicaidlaw.com



UH Bedford Medical Center Senior Network

History: Developed in 1997, The University Hospitals Bedford Medical Center Senior Network is made up of agencies and organizations that serve seniors. Originally focused in Southeast Cuyahoga County and Northern Portage and Summit Counties, the Senior Network now spans all of Northeast

Ohio providing programs and services to improve the health status of seniors. The group fosters a new and innovative model for the area, one where agencies and organizations can work together for the good of their members and the seniors they serve.

UH Bedford Medical Center has been the organizational sponsor and advocate for the development of the Senior Network, and continues to provide hospital-related programs, services and financial support.

Purpose: “Uniting Our Seniors in Health & Wellness”

The Senior Network is made up of over 110 organizations (150 individuals) that serve seniors in Northeast Ohio (i.e. Offices on Aging, LTC facilities, Medical Supply Companies, Community Centers, Schools, and other local businesses).

The Senior Network develops mechanisms for the sharing of services and resources by seniors and provides a forum for collaboration. The goal is to provide more innovative programs and services to improve the health status of seniors. Benefits of membership include networking with other agencies, continuing education opportunities and a forum for discussion and idea sharing with peers.

UHB Meeting Schedule

8:30-9:00am Networking • 9:00-10:15am Meeting
(unless otherwise noted)

January 21, 2020

Host: The Village at Marymount • (216) 332-1100
5200 Marymount Village Dr, Garfield Hts 44125

Showcase: Cypress Hospice, Jenn Lue

Topic: Patient Driven Payment Model, **Speaker:** Dan Story

UHB Meeting Schedule – continued

February 2020 • No meeting

March 17, 2020

Host: Windsor Heights • (216) 839-1300

23311 Harvard Rd, Beachwood 44122

Showcase: Creative Moves, Hilary King

Topic: Observation Status and the Hospital Response

Speaker: Robert Coleman, MD

April 21, 2020

Host: UH Bedford Medical Center • (440) 735-3653

44 Blaine Ave, Bedford 44146

Showcase: Solomon, Steiner & Peck, Laurie Steiner

Topic: Healthy Eating for Busy People, **Speaker:** Jennifer Lattur, RD

May 19, 2020

Host: Gardens at Liberty Park • (330) 342-9100

9975 Green Tree Pkwy, Streetsboro 44241

Showcase: Harbor Light Hospice, Kelly Wright

Topic: Women's Pelvic Health, **Speaker:** Dr. J. Welles Henderson

June 16, 2020

Host: Solon Senior Center, 35000 Portz Pkwy, Solon 44139

Networking Madness, bring plenty of business cards

July 2020 • No meeting

August 18, 2020

Host: Montefiore • (216) 360-9080

One David N. Myers Pkwy, Beachwood 44122

Showcase: Centers for Hearing Care, K Cartmell

Topic/Speakers: Medical/Surgical Advances Panel

September 15, 2020

Host: Atrium at Anna Maria • (330) 562-0600

800 N Aurora Road, Aurora 44202

Showcase: Visiting Physician Association, Becky Milla

Topic: Breast Cancer Awareness, Kickoff to BCA Month

Speaker: Dr. Megan Miller

October 20, 2020 (Planning Mtg)

Host: Vista Springs Ravinia • (216) 232-4900

6046 Brecksville Rd, Independence 44131

Showcase: Right At Home, Shalom Plotkin

Topic: How to Become Debt Free MUCH Faster

Speaker: Ray Antonelli

November 17, 2020

Host: Heartland of Twinsburg • (330) 486-9402

8551 Darrow Rd, Twinsburg 44087

Showcase: Q Medic Health Medical Alert, Lee Miller

Topic: Veterans Outreach, **Speaker:** Deborah Williams

December TBD • 12-2pm • Holiday Gathering

Host: Independence Village of Aurora • (330) 562-1750

505 Chillicothe Rd (St Rt 43), Aurora 44202

*For advertising information, please
call the Senior Comfort Guide at:
(216) 292-8485.*

Caterory/Company Name Page Number**Adult Day Care**

Benjamin Rose Institute	C12
McGregor / McGregor PACE	C28 & C35
Menorah Park Adult Day Care Center	Back Cover
SAIDO Learning Center at The Renaissance	96

Alzheimer's, Dementia and Memory Care Facilities

Brooklyn Pointe	C34
Cardinal Court	C27
The Heights Rehabilitation & Healthcare	C31
Kirtland Rehabilitation and Care	C24
Light of Hearts Villa	96
McGregor / McGregor PACE	C28 & C35
Montefiore	C17 & C26

Assisted / Independent Living and Group Homes

The Briarwood Healthcare Community	C12
Brooklyn Pointe	C34
Chippewa Place	95
The Fountains	C20
Gateway Retirement Community	C14
Legacy Health Services	C15
Legacy Place	C5 & C15
Light of Hearts Villa	96
Margaret Wagner Apts (Benjamin Rose Institute)	C12
McGregor / McGregor PACE	C28 & C35
Menorah Park Center for Senior Living	Back Cover
Montefiore	C26
Mount Alverna Village	117
Renaissance Retirement Campus	96
Singleton	118
The Slovene Home	C19
Stratford Commons	C30
The Weils, a Montefiore Senior Community	C25-C26

Behavioral Health/Geriatic Assessment/Support Services

Benjamin Rose Institute	C12
Psycho Social Therapies LTD	3
Visiting Nurse Association of Ohio	47

Caterory/Company Name Page Number**Home Health (Medical)**

Altimate Home Health Care Services	C4
McGregor / McGregor PACE	C28 & C35
Menorah Park Home Health Services	Back Cover
Montefiore at Home	C17 & C26
University Hospitals Home Care	C2
Visiting Nurse Association of Ohio	47

Home Health (Non-Medical)

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Menorah Park Home Health Services	Back Cover
Montefiore at Home	C17
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Hospice

Harmony Hospice Care	C32
Hospice of the Western Reserve60 and C18
McGregor / McGregor PACE	C28 & C35
Montefiore Vinney Hospice and Maltz Hospice	C11
Visiting Nurse Association of Ohio	47

Hospitals

University Hospitals	C3
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Legal / Estate / Insurance Planning / Care Management

Joseph L. Motta Co., LPA	63 & C21
Kabb Law Firm	64
Kathryn T. Joseph & Associates, Inc.	65
Margaret T. Karl	63
Spitz Lipman Attorneys at Law	65

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Alert Care Ohio	69
Best Solutions Home Medical	68

Medical Transportation

Menorah Park Medical Transportation	Back Cover
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Skilled Nursing / Nursing Homes

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Arbors at Fairlawn; Arbors at Stow	C22
Arbors at Mifflin; Arbors at Oregon	C23
Arbors at Streetsboro	C21
Avenue Care and Rehabilitation Center	C29
BraeView Care & Rehabilitation Center	C31
The Briarwood Healthcare Community	C12
Concord Village	C33
Crawford Manor	C8
Diplomat Healthcare	C7
Eliza Jennings (Renaissance)	96 and 115
Gateway Retirement Community	C14
Geneva Village	C33
The Greens	C20
The Heights Rehabilitation & Healthcare	C31
Kirtland Rehabilitation and Care	C24
Lake Med Care and Rehabilitation	C18
Landerbrook Transitional Care	116
Legacy Health Services	C15
McGregor / McGregor PACE	C28 & C35
Menorah Park Center for Senior Living	Back Cover
Montefiore	C17, C25 & C26
Mount Alverna Village	117
Mount St. Joseph	117
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Pleasantview Care Center	C5 & C15

Caterory/Company Name Page Number**Skilled Nursing / Nursing Homes *continued***

St. Mary of the Woods	116
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Southern Hills Skilled Nursing and Rehab	C16
Stratford Care and Rehabilitation	C30
Sunrise Pointe Nursing and Rehab (Phoenix Health)	C13
University Manor	C8
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Windsong Nursing and Rehab (Phoenix Health)	C13

Therapy Services (Outpatient Rehab)

Peter B. Lewis Ctr (Menorah Park)	Back Cover
Montefiore / The Weils	C17

Unique Services Especially for Seniors

Care Patrol	84
McGregor / McGregor PACE	C28 & C35

Notes



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216.791.3580

McGregor PACE at Langston Hughes Center

2390 East 79th Street • Cleveland, Ohio 44104
216.361.0917

McGregor PACE at Senior Health & Wellness Center

4229 Pearl Road • Cleveland, Ohio 44109
216.205.4000

TTY line for people with hearing impairment

1.800.325.2223

www.mcgregorpace.org



4120 Interchange Corporate Center Rd.
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Fax: (216) 896-0700

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